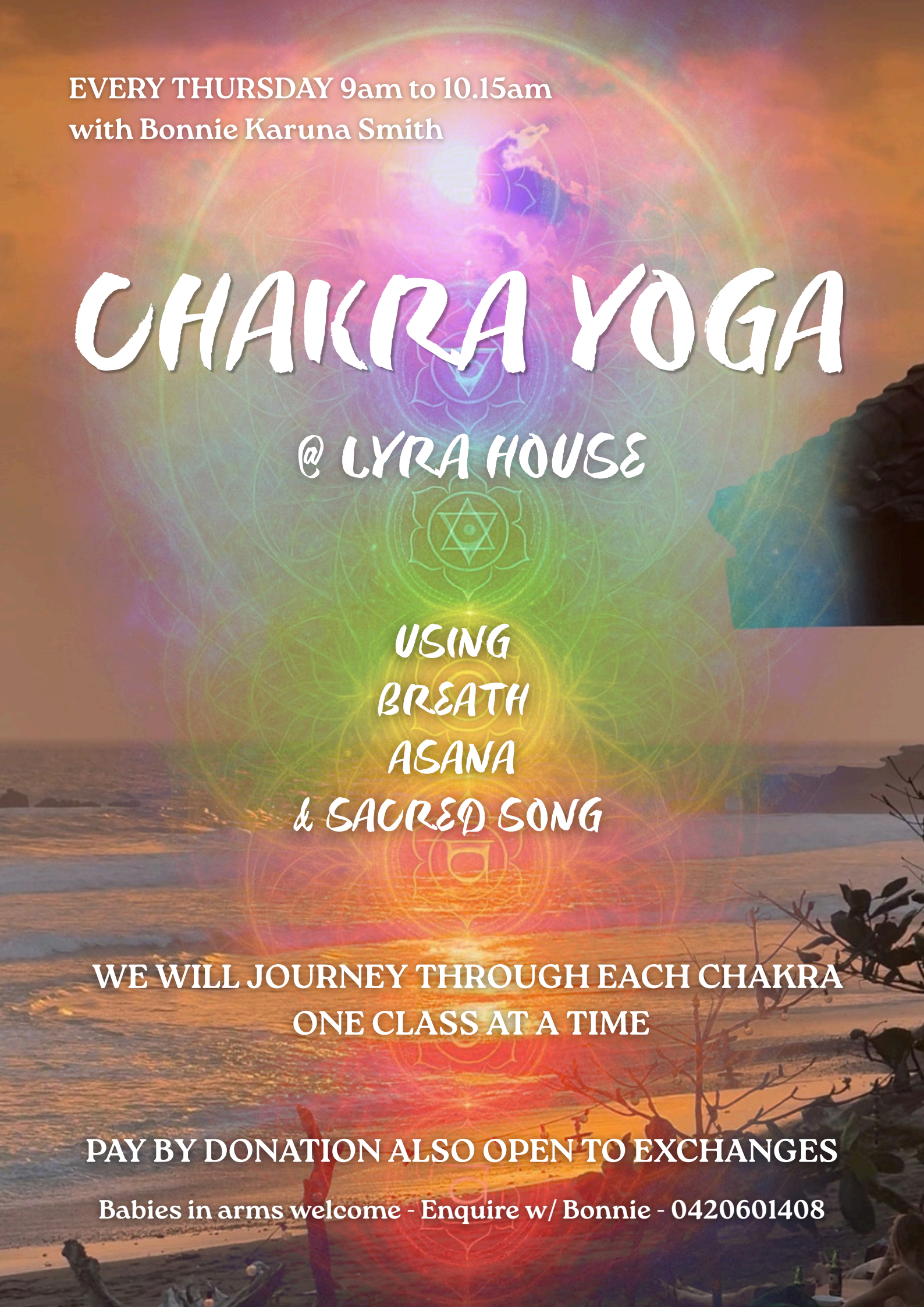

EVERY THURSDAY 9am to 10.15am
with Bonnie Karuna Smith
CHAKRA YOGA
@ LYRA HOUSE
USING
BREATH
ASANA
& SACRED SONG
WE WILL JOURNEY THROUGH EACH CHAKRA
ONE CLASS AT A TIME
PAY BY DONATION ALSO OPEN TO EXCHANGES
Babies in arms welcome - Enquire w/ Bonnie - 0420601408

Flame Keeper of Love
Women's Circle

Sacred Intimacy
& Relationship Support

~ juicy drop in
~ exploration, reflection & sharing on a topic
~ make integration committment

3rd Thursday
MONTHLY
5pm to 7pm

@LYRA HOUSE
Dinner Included

$22 casual or $55 for a 3 x circles pass

Contact Bonnie for Details 0420601408