



Nina Ishtar
Founder | Consultant

Living Your Highest Point of Flowering

Understanding Systems, Patterns and what makes us Bloom

Two Day Seminar with Nina Ishtar

Core Take Away from Attending

Discover what it means to live your full professional or personal potential; what supports this expression and what may hold it back.

You can expect some experiences for change that operate at three levels;

1. Solution to a problem / you and the system can go on with new creativity
2. Deeper understandings / why things are / looking with new eyes
3. State of Transformation / something is ending / a process has begun

Logistics

Saturday 12th September and Sunday 13th September 2026

10am – 4pm

Thalia Centre

31 South Coast Hwy

Denmark WA

Please bring light lunch to share and a water bottle.

Who Should Attend

- Those interested in professional development that activates the capacity to move into full professional potential
- Those interested in personal development that stimulates living life in full alignment with them self and their power
- Those who want to uncover more about what may be blocking their progress

When this Seminar can be particularly helpful?

- When you feel stuck or blocked personally or professionally
- When you are setting up a new project or business
- When you are considering career options or career change
- When you are experiencing conflict at work, in a community or at home
- When you are in a period of uncertainty about direction or purpose

Seminar Delivery Format

- Theory and principles
- Self - Reflection exercises
- Small group experiential exercises
- Self - selected sharing in the group

Facilitator Bio

Nina's first career was in Outdoor Recreation, which lead to over 30 years' diverse experience in the Education and Training System in Australia, including implementing adventure programs, personal development programs, teaching, service delivery, project management, consultancy and facilitation.

Her own healing pathways lead Nina to additional qualifications as a Cranio - Sacral therapist, Energy Medicine practitioner and a teacher of Qigong. She has been in private practice offering individual body sessions for over 25 years.

Nina's fascination in how systems function grew while working as a facilitator. She now has her own systems consultancy, offering development services to organisations, businesses and individuals.

She is deeply grateful to have completed her systems training as a practitioner and a teacher with the world leaders at the Bert Hellinger Institute in the Netherland. She is alive to the possibilities that want expression over the two days of this seminar.

Cost

\$585 per participant

\$535 if you bring a friend

\$520 discount

Testimonials

I have a deeper sense of what patterns are and how they play out in my professional life. It is always dynamic and powerful work in a group with Nina."

Rose

Small Business Operator

The desire for freedom is a powerful thing.

No matter how well travelled, how wise, how hard won the milestones of lifetimes, there inevitably comes impasse or endpoints in time, where one's path or true nature is blocked, and a vehicle of change is required.

I found such a vehicle in the 'Systems' Practice facilitated by Nina Ishtar.

I cannot speak more highly of the capacity in this work to 'discover' or see in a new light, the patterns that bind us. Even more remarkable is the simple, yet profound 'disentangling' process that allows change.

Nina brings a vast synergy of knowledge, 'piercing' intuition, respect and deep listening to her skilled practice. A unique and life enhancing experience.

Madeleine

Having experienced Nina facilitating the Voice of the Whole twice now, I was amazed at how much more opened up and became available to me.

Hearing from the system as a whole entity gave me a totally different perspective, new insights and information that had previously not been visible and accessible to me, even though I had already done a lot of work exploring each of the systems I had nominated.

Nina is a pioneer in systemic work and is always embracing the edge of what is emerging. She is a highly effective and skilled facilitator with deep roots in this work and I look forward to working with her again.

Suzanne

Founder, Navigating Transitions

How to register for the Seminar

Eventbrite link

<https://www.eventbrite.com.au/e/living-your-highest-point-of-flowering-tickets-1994522742213?aff=oddtcreator>

Contact Nina direct for a registration form

nina@reflectivesystems.com.au

0449 066 808