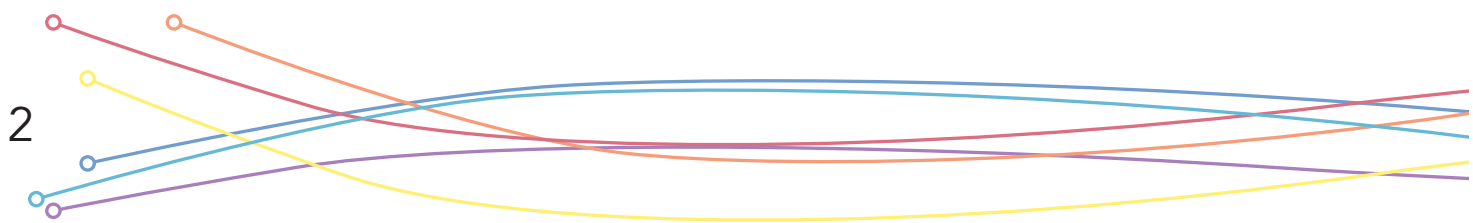


Denmark Community Resource Centre Inc.

Annual Report 2020 - 2021





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Denmark Community Resource Centre



The Denmark Community Resource Centre's Mission:

To be the central hub for the community that is innovative, collaborative, and financially viable to support the Denmark community to meet its needs and achieve its aspirations through connecting people, ideas, skills, information and resources.

Denmark CRC Services

Wifi & Computer Access

Room & Office Hire

The Guide publication

Printing & Copying

- Colour / Black & White
- A5-A3 sizes Laser Printer
- A3 - A1 Wide Format
- Booklets & DL flyers

Office Services

- Scan to Email or USB
- Laminating up to A3
- Document creation
- Binding
- Proofreading / Editing

Wide Format Printing

- Canvas Photo Prints
- Semi Gloss Photo
- Adhesive Matte Vinyl
- Double Weight Plan paper

Equipment Hire

- Projectors & screens
- PA systems & Microphones
- Cattle scanning wand
- Sound, film & lighting equipment

Tech Byte Appointments

- Computer & Device coaching
- Computer Support
- Troubleshooting
- One on One training

Audio Visual

- VHS & DV transfer
- Vinyl & Cassette transfer
- Video editing
- CD & DVD duplicating

Video Conferencing

Government Information

University Exam Supervision

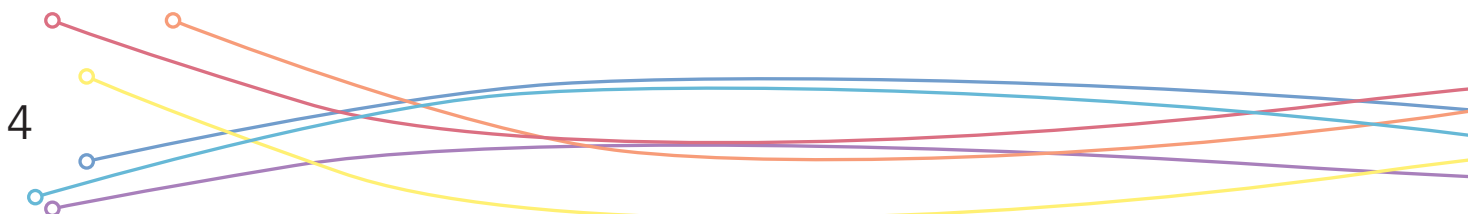
Centrelink agent

TransWA booking agent

Training, Courses & Workshops

Be Connected facilitators

CoderDojo sessions



Summary and Examples of Activities

Access to Government Services

- Centrelink
- Dept of Veteran Affairs
- Medicare
- Information in The Guide
- Dedicated Government Computer
- Government Notice Board
- Standing Information Racks
- Mobile Government Services Van visits
- Information sessions involving Human Services professionals

Economic and Business Development Support

- Repair Cafe
- Low Cost Cooking
- MYGOV for Highschoolers
- Not Waste Festival
- My Money, My Story
- Consumer Protection Appointments
- Jobs and Skills Centre Appointments (with Worklink)

Social Development Support

- Friday Seniors Activities
- CoderDojo
- Community Garden Workshops (with Green Skills)
- Community Soup Day
- French Class with Anais
- Death Cafe
- Be Connected Program

Services and Products

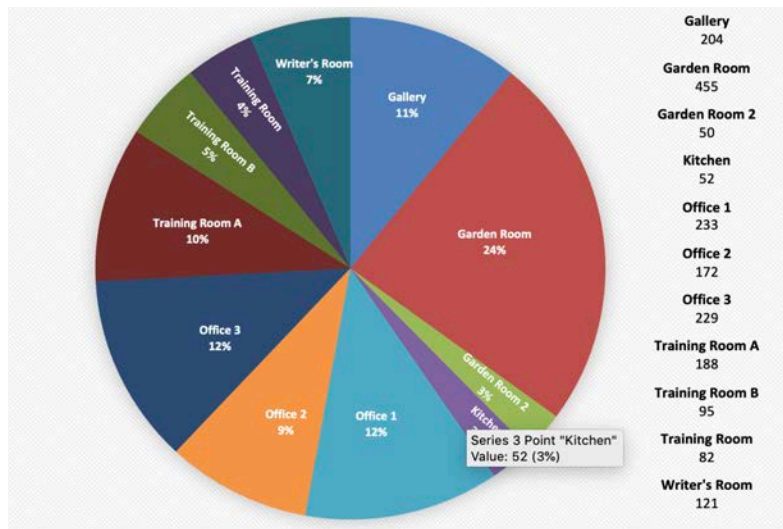
- Room Hire
- Internet Access
- TransWA Booking Agent
- Printing and Copying including Wide Format Printing
- Computer and Device Coaching & Support
- Secretarial Services
- Community Orientated Workshops and Events
- Denmark CRC & Local Event Publication

Building Community Connections

- 2020 Christmas Parade and Markets
- 2020 Senior's Week Celebration
- 2020 Mental Health Week
- 2020 Senior's Week
- Get Online Week 2020
- 15 Minute Wonders Webinar
- Community Christmas Lunch
- Movies With Meanings (with Movies With Meaning group)
- Pancakes in the Park
- National Science Week: Science in VR
- Thank a Volunteer Day
- Opera in the Park Simulcast

Denmark CRC Statistics

Room Hire Breakdown for 2020 - 21



Memberships Breakdown

2020 - 21 Memberships

Individual
173

Business and Community Groups
10

New Vs Renewal Memberships



Number of Tech Byte Appointments 2020 -21

79

Be Connected Members 2020 - 21

162 total Be Connected members.

35 new members between 2020-21



Be Connected
Every Australian online.

Denmark Community Hardship Support

58 Denmark families helped during 2020 - 2021.

- Support comes in the forms of :
- Food & Petrol vouchers
 - Op Shop clothing vouchers
 - Gas Bottles & Firewood
 - Swags and tents
 - Free to use shower & laundry
 - Community meals
 - Food Pantry: non perishable items

Grants

The Denmark CRC received:

12 grants

for community events & CRC services.

Community Events

The Denmark CRC has held

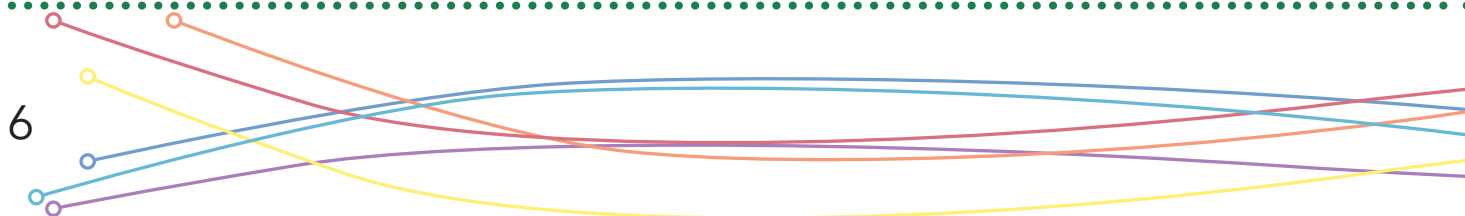
11 community events

6 community workshops

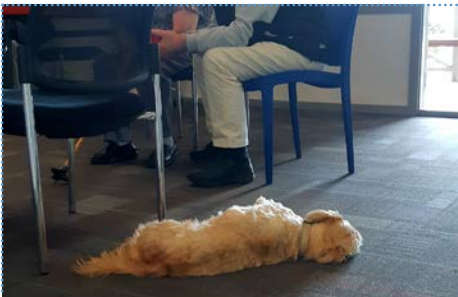
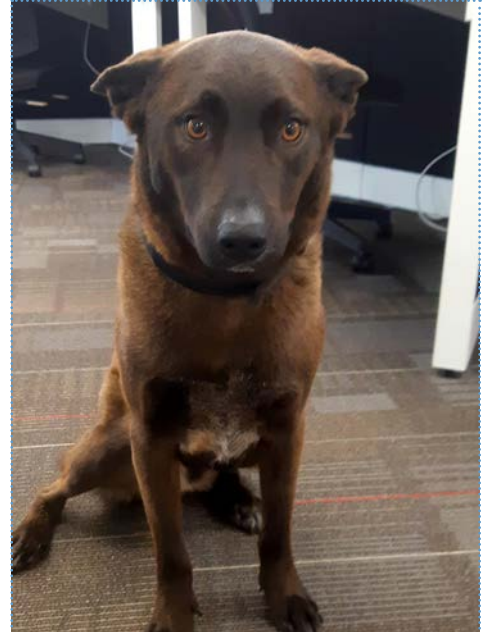
10 monthly/weekly community activities

Community Group Collaborations

- Denmark Community Foundation - Repair Cafe
- Denmark CWA - Community Soup Day
- Movies With Meanings - Movies nights
- Green Skills Denmark - Denmark Community Garden
- Tiny Treasures - Friday Night Games Night
- Denmark Probus Group - Probus Cooking Class
- Consumer Protection - Drop in Sessions
- Denmark Arts - Not Waste Festival, Festival of Voice
- Clarence Estate, Amaroo Home Care & Silver Chain - Friday Seniors Activities
- Job & Skills Centre - Job & Skills Centre sessions



Denmark CRC Fun



Chairperson's Report

Chair's report 2021

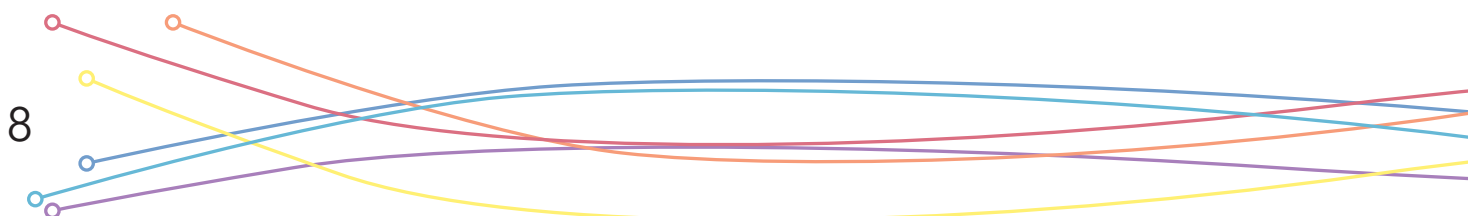
A catastrophic event like a global pandemic has far reaching effects, even on communities which seem relatively unaffected by Covid-19. This year has seen a shortage of workers for a range of businesses in our community, a shortage of rental and other housing and a consequent drop in income for many.

During this time, it has been important for the Denmark CRC to provide business as usual as much as possible, and we have substantially increased our ability to assist people in the community who are finding it harder to make ends meet.

This year, the DCRC has established a dedicated food pantry where people can obtain free food and buy some food at greatly reduced prices. It's a space where members of the community can grab a cup of tea or coffee, meet with others and shop for essentials to assist their budget go further, without feeling exposed.

The Green Skills/DCRC community garden workshops program and the garden which supports the initiative are thriving, with regular courses highly popular and well-attended. , We continue to offer technology help, office rental and our other services continue with appropriate Covid-19 safe practices.

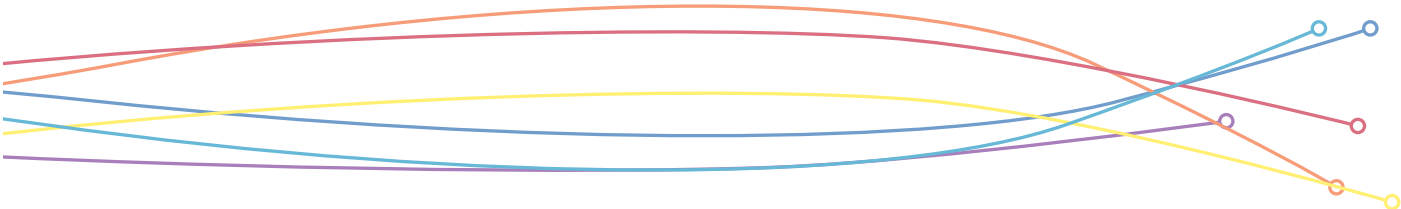
Denmark FM has been delayed by equipment delivery issues - another Covid-19 by-product - but as I write this, the radio station is within a few short weeks of being on air and broadcasting to the broader community.



The staff and volunteers who make the Denmark CRC tick have been delivering their great service in the face of increased stresses this year. The whole community has felt the effects of a shortage of employable people in various industries and an acute housing shortage. Our role, providing support for people under stress has never been more important.

The whole Board thanks every staff member and volunteer of Denmark CRC for their work, sometimes above and beyond the call of duty. We are acutely aware of how dedicated our team is and how much our CRC depends on them.

Sue Howard
Chair



Treasurer's Report

27th August 2021

The Committee
Denmark Community Resource Centre Inc.
2 Strickland Street
DENMARK WA 6337

By Email Only: manager@denmarkcrc.com.au

Dear Committee,

AUDITOR'S INDEPENDENCE DECLARATION
Pursuant to Section 80 of the
Associations Incorporation Act 2015.

In relation to the audit for the year ended 30 June 2021, I declare that, to the best of my knowledge and belief, there have been no contraventions of the audit independence requirements of:

1. The Associations Incorporation Act 2015, or
2. The Accounting Professional and Ethical Standards Board.
3. Any applicable code of professional conduct.

Yours sincerely,



Paul Gilbert FCPA MBA
Macleod Corporation Pty Ltd



**MACLEOD
CORPORATION PTY LTD.**

A.B.N. 25 082 636 968

Unit 8, 76 Proudlove Parade
ALBANY WA 6330

PO Box 5779
ALBANY WA 6332

ph 08 9841 2118

m. 0412 375 667

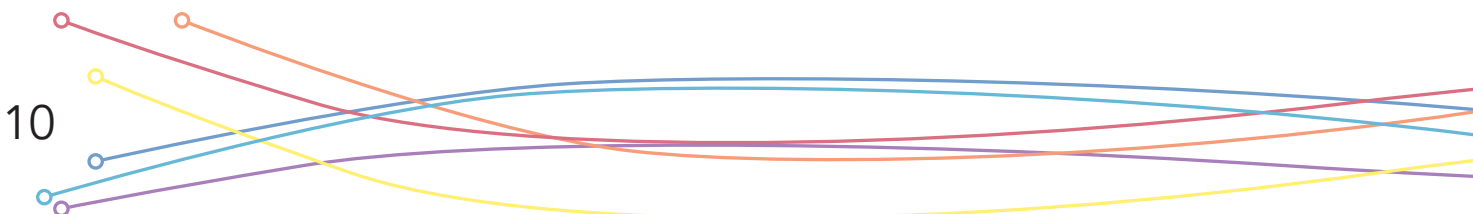
e. paul@macleodcpa.com.au

www.macleodcpa.com.au



LIABILITY LIMITED BY A SCHEME APPROVED UNDER PROFESSIONAL STANDARDS LEGISLATION
Macleod Corporation Pty Ltd is a CPA practice

CERTIFIED PRACTISING ACCOUNTANTS



**DENMARK COMMUNITY RESOURCE CENTRE INC
SPECIAL PURPOSE FINANCIAL REPORT
FOR THE YEAR ENDED 30 JUNE 2021**

COMMITTEE OF MANAGEMENT REPORT

Our committee submits the financial report of the Denmark Community Resource Centre Inc, for the financial year ended 30 June 2021.

Committee of Management Members

The names of the committee members throughout the year and at the date of this report are:

Sue Howard, Chair	Dawn Atkin, Deputy Chair
Tarryn Sharp, Secretary	Helen Spencer (resigned)
Matt Sivyver (resigned)	

Principal Activities

Denmark Community Resource Centre Inc is a non-profit organisation incorporated under the Associations Incorporations Act, 2015. It is a community run organisation committed to providing resources to help community members, including internet facilities, government information kiosk, Centrelink and Medicare access point, printing, equipment & room hire etc.

The Denmark Community Resource Centre Inc's object is to pursue the following purposes:

- To provide access to services and information that support capacity building within the community.
- To provide access to services and information to address issues of disadvantage within the community including but not limited to poverty, health, isolation and unemployment.
- Develop partnerships and business opportunities relevant to the needs of the community.
- Provide members of the community with access to and training in the use of existing and developing information and communication technologies.
- Work with stakeholders, other Community Resource Centres and all tiers of government to increase the profile of the WA Community Resource Network.
- To ensure the association is effective and remains community owned and managed.

Significant Changes

No significant changes in the nature of these activities occurred during the year.

Operating Results

	30 June 2021	30 June 2020
	\$	\$
The operating result was a surplus / (deficit) for the year of	20,709	18,118

Signed in accordance with a resolution of the committee

Sue Howard
Chairperson

Petra Thompson
Centre Manager

Dated this: 1st day of October 2021.

Manager's Report

Manager's report 2021

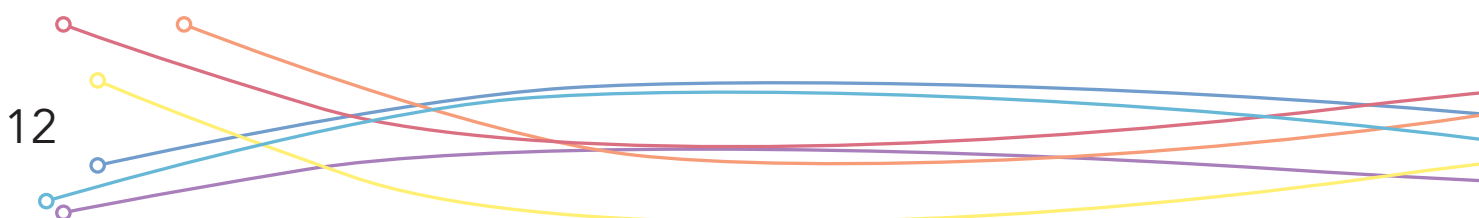
July 2020 started with an increase of customers returning to use our centre again after the COVID lockdown in the first half of the year. The increase of customers was a welcome relief financially for us. We were very fortunate to run a few events in the second part of the year, namely Seniors Week, Get Online Week and Science Week.

Exciting for the team was the planning of our refurbishment of our reception area. We started with a workshop to get all our good ideas to paper, then during the year, we made some progress with the planning process. We would like our new space to feel comfortable and relaxing to all our customers as well as being inclusive to all our community. We are hoping to receive some funds from LotteryWest to help with the fit-out but we will not find out before the end of year 2021. Fingers crossed!

COVID has opened up many different opportunities to do business with more online learning opportunities as well as conferences. These days I feel more connected to service providers and government agencies due to the increasing consultations that are happening across WA.

Our Community Centre is growing from strength to strengths with a fantastic team, which is a mix of volunteers and paid staff. Without the dedication and enthusiasm of the team we would not have enjoyed celebrating events like Get Online Week, Senior Week, Christmas Parade or Christmas lunch to only name a few.

The Christmas Parade was actually one of the events for 2020 that could go ahead nearly as normal as in previous year. A change of venue, from the main street to our Rec Centre oval, was required as we had to make



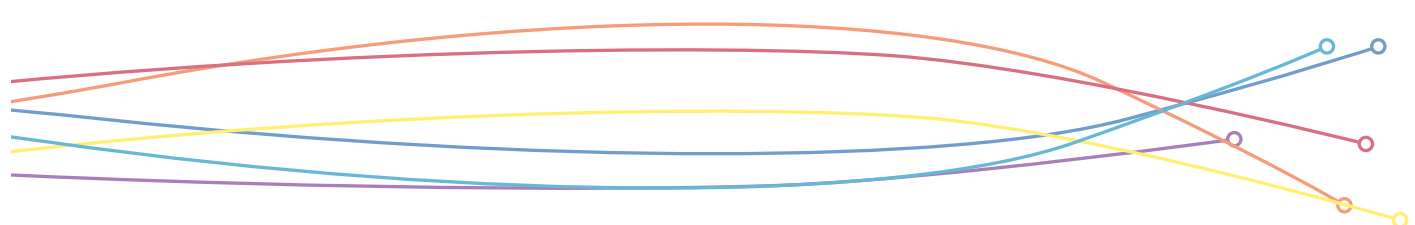
sure that we could carry out a successful COVID safe event. Other than that, the event was well attend and we looking forward to the 2021 Christmas Parade.

Through the DCF (Denmark Community Foundation) we were able to administrate an emergency relief package for many people struggling in town during the COVID lockdown. And due to the increasing housing issue in Denmark, we are finding that people are still struggling to make ends meet.

All during 2020, the Board was busy setting up our soon to be launched local Radio station, with a focus on local events and music. Watch this space.

In closing I would like to say, that I have solely enjoyed leading the team and I get great pleasure seeing the organisation being further embedded within the Denmark community landscape. We have established strong relationships with many organisations and individuals, which helps us to strengthen our position as the Community Information Hub in town.

Petra Thompson
Manager



Who Are The People at the Denmark CRC?

Committee

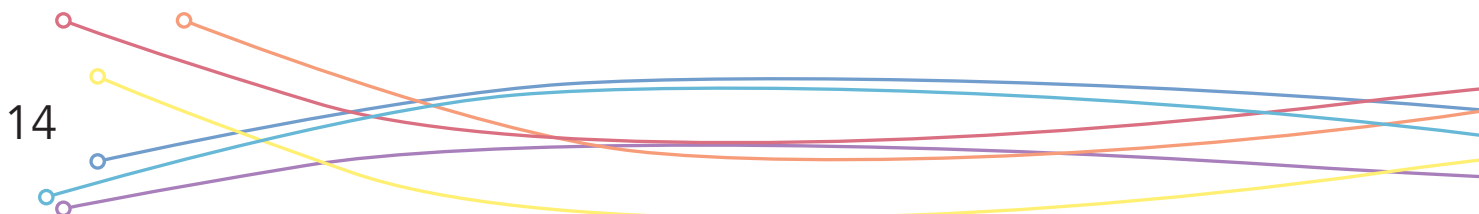
Sue Howard	Chairperson
Dawn Atkins	Deputy Chairperson
Donna Williamson	Treasurer
Helen Spencer	Secretary
Matt Sivyer	
Tarryn Sharp	

Staff

Petra Thompson	Manager
Simone Woolhouse	Office Co-ordinator
Brendon Manuel	IT Manager
Sandra Madeo	Business Trainee
Jasmine Ellison	Events Trainee
Tara Devoy	Events Trainee
Dennis Verbunt	IT Officer
Kerry Leahy	Accounts Officer
Jennie Newman	Support Services Officer
Jetta England - Wong	Hygiene Officer

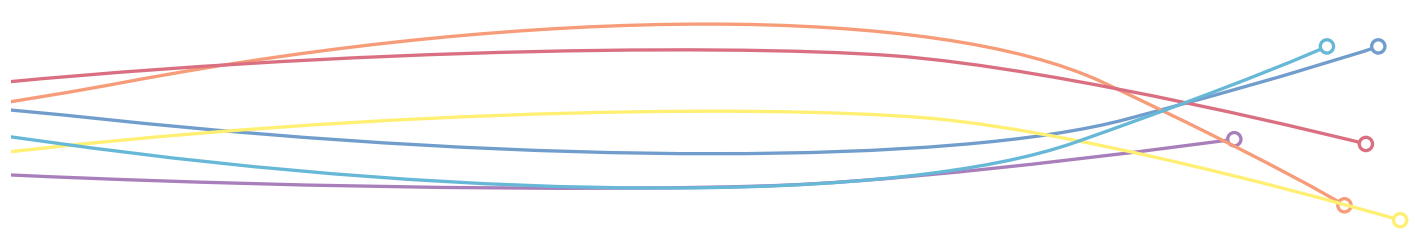
Volunteers

Gail Barker - BeConnected	Deb Woodman
Alister Dickinson - CoderDojo	Janelle Shaw
Von Quinn	Michelle Randell - Events
Barb Coombs	Beau Hay
Leanne Mifflin	




2020 - 2021 in Brief

- Access to Government
- Economic & Business Development
- Social Development
- Services & Products
- Building Community Connections



Death Cafe



**Let's
Talk
About
Death !**


At the Death Café, we gather to drink tea, eat cake and have a conversation about death.

EVERYONE IS WELCOME !

Where: Denmark CRC
When: July 20th, 2020
 And every 3rd Monday of each month after.
Time: 1pm - 3pm



2 Strickland Street
Denmark
Ph: 9848 2842



**Let's Talk
About
Death !**

At a Death Café, there is discussion about death, in an accessible, respectful and confidential space.


At a Death Café, people gather to eat cake, drink tea and discuss death.

At a Death Café, there is discussion without specific topics, questions or speakers. There is no agenda and all discussion is directed by those who are gathered there.

At a Death Café, the aim is to "increase awareness of death with a view to helping people make the most of their (finite) lives."

A Death Café is NOT a bereavement support or grief counselling service.

You are welcome to join us at the Denmark Death Café, on the 2nd Monday of each month, from 1 to 3 pm, at the Denmark Community Resource Centre's Garden Room, beginning March 9th, 2020.



2 Strickland Street
Ph: 9848 2842

● Death Cafe

The Death Cafe has become a popular event for the Denmark CRC which allows the community to come together a break down the stigma of death being a taboo subject.

Each month, curious community members gather with death doulas, advanced health planners, a lawyer and retired health professionals and chat about a variety of topics death related, while enjoying a cuppa and cake! Past conversations have included funeral options, wills, what is a death doula and more.

Participants have express their appreciation for these cafes and the information discussed, making talking about end of life plans and death easier to talk about.



Community Soup/Lunch Day

COMMUNITY SOUP DAY

WEDNESDAY 22nd July

**2 STRICKLAND STREET
DENMARK**

LUNCH TIME SESSIONS

11.30am-1pm

1pm-2.30pm



MENU WILL BE A BOWL OF HEARTY SOUP, A CHOICE OF CAKES AND SLICES, TEA AND COFFEE. PLUS RECEIVE A DOOR PRIZE TICKET

All for only
\$12 *per person*

TO BOOK YOUR SEAT
FOR THIS DELICIOUS EVENT

Call 98482842



● Community Soup Day

The Denmark branch of the Country Women's Association (CWA) has had a long history of holding monthly soup days during winter. But in 2020, due COVID-19, the CWA ladies couldn't use the CWA hall and approached us to become partners to hold these monthly lunches.

All soups, sandwiches, cakes, slices and biscuits were prepared by the CWA ladies and we set the CRC Gallery up like a cosy, yet COVID safe, cafe where people could choose between multiple soup types, chat and enjoy a warm and filling meal.



Community Garden



Community Garden

Welcome to The Denmark Community Garden!

Vision

The Denmark Community Garden opened in March 2019. It is situated in the heart of Denmark behind the Morgan Richardson Centre and the Denmark Community Resource Centre (DCRC).

This garden aspires to be a welcoming, inclusive, innovative and collaborative environment that will thrive as a vibrant community learning resource into the future. It aims to promote personal and community wellbeing through the sharing of creative ideas and skills about growing healthy organic food and herbs. It also aims to promote greater environmental awareness in its activities, such as encouraging the use of pre-loved materials. It is open to everyone, from all walks of life, young and old, with varying interests and abilities.

How it runs

The Community Garden is run by Green Skills, in close collaboration with the DCRC, and is supported by the Denmark Community Garden Reference Group (DCGRG) which runs regular meetings. Activities include the day to day running of the garden, regular volunteer busy bees, workshops and gatherings. Donations and/or payments are appreciated and accepted for specific workshops and garden activities. Garden produce belongs to and can be shared as agreed cooperatively by community garden members.

How to get involved

New members are required to receive a safety induction before joining in hands on activities. Once signed up, members receive emails and texts about all seasonally focused workshops, visiting presenters, busy bees and other community events.

Who to contact

Green Skills
Attention: Basil Schur
bschur@greenskills.org.au
0848 3310

Denmark CRC
Attention: Petra Thompson
manager@denmarkcrc.com.au
9848 2842

Support to establish the garden has come from Green Skills, the Denmark CRC, Moorabup Denmark Transition Town Network, the Foundation for Rural and Regional Renewal, the Denmark Community Windfarm Group Sustainability Fund, Metroof, Thornton's Hardware & Mitre 10, the Denmark Men's Shed, contractors, other groups & volunteers.

The Denmark Community Garden was back in full swing by July with workshops, busy bees and community garden tours.

Workshops led by horticultural expert, Neal Collins, introduced the gardeners so compost making and using, gardening tool maintenance, seasonal vegetables, herbs and fruit planting and harvesting, natural pesticides and weed control and much more!

The garden also had a number of improvements during this time including the additions of a new water tank, green house, gazebo and fun and funky garden bed paintings!

One exciting project has been the creation of a border of espaliered apple and pear trees!

Espaliering fruits trees is the act of encouraging fruits trees to grow against either a fence, wall or tight wires strung across an area. Branches are gently tied to the structure and spread out to create a beautiful outstretched design!

There has also been plenty of herbs and vegetables harvested which is shared among the gardeners and then donated to the CRC to give away!



● Repair Cafe

REPAIR CAFE
Saturday, 25th July
10 to 12

Repair your Bike Knife Sharpening
Clothing and Textile Mending
Glue & Screw Toys, Small Furniture, etc
Battery Powered appliances
Be Connected – help with hand held digital devices

One item per person, please !
Free Tea and Coffee

Denmark Community Resource Centre

Denmark Community Resource Centre ecstra Denmark Community Foundation (uk) Ltd

2020 also saw a new project partnership with the Denmark Community Foundation and the Denmark CRC to bring the community a new way to save money!

“Toss it? NO WAY!” became the slogan of the monthly Repair Cafes, where people could bring their broken items to be fixed or given advice on how to fix them.

Community members volunteer their skills and know how to help and included woodworkers, sewers, knife sharpeners, electricians, bike repairers, a soft toy “doctor”, costume jewelry repairs, clock restorer, tinkers, creators and even a mechanic!

While all the fixing and repairing is happening, Denmark Community Foundation volunteers cook a sausage sizzle available for gold coin donation or helping dish out morning tea and a financial expert is waiting to answer any money related questions.



Seniors Activity Friday

Seniors Activities

Every Second Friday

From 10 am

At Denmark CRC - 2 Strickland Street

**Dementia Friendly
Communities Event**

Supported by
dementia
friendly
communities

**All welcome
including carers**



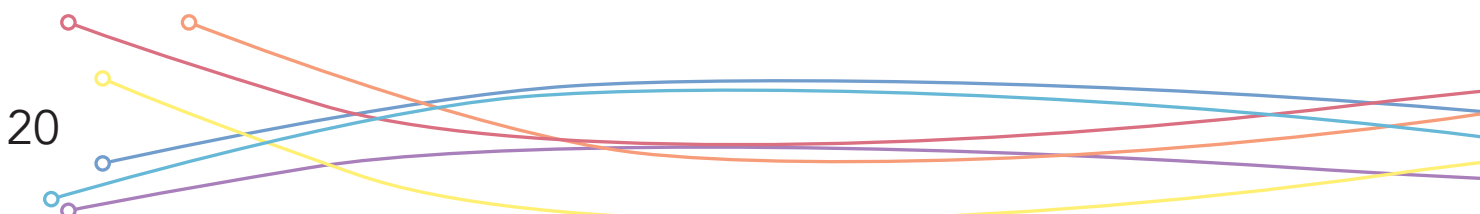
● Friday Seniors Activities

The Denmark CRC have partnered with local aged care providers; Amaroo @ Home, Silverchain and Clarence Estate to create a fortnightly activities session for older community members, their families and carers.

Games, puzzles and cards are on hand for groups to come together and play or participants could sit and enjoy a chat with a cuppa and morning tea.

It has quickly become a popular session with new members, carers and family members coming along bringing with them new games, stories and even a few support animals.

During Seniors Week 2020, we organised a group of children from Denmark's Little Whalers Daycare to come along and play! There was a lot of smiles and laughter from all generations!

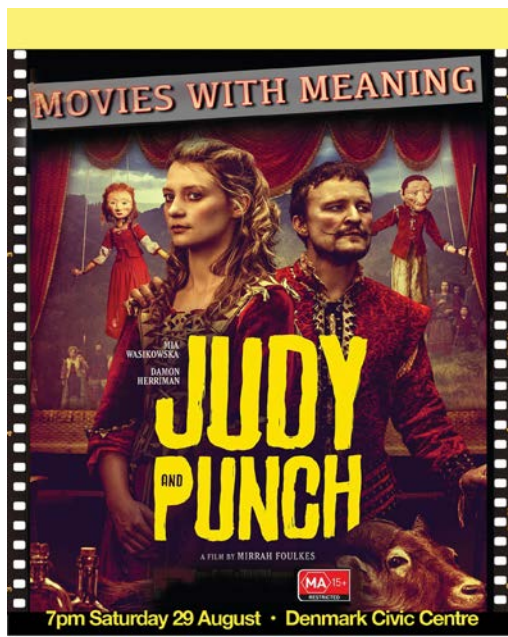


Movies With Meaning

Movies With Meanings

Denmark was lucky to have a chance to watch some incredible movies and documentaries, thanks to the Movies With Meanings community group.

From Australian feel good family fun, *H is for Happiness* to the dark take on a fairy tale, *Wendy* to *Peanut Butter Falcon's* comedy/drama story of following your path has left the Denmark community wanting more!



No Door Sales - Tickets \$12 @ Denmark Community Resource Centre



Tickets \$12 at Denmark Community Resource Centre or at the door (doors open 6.30pm)



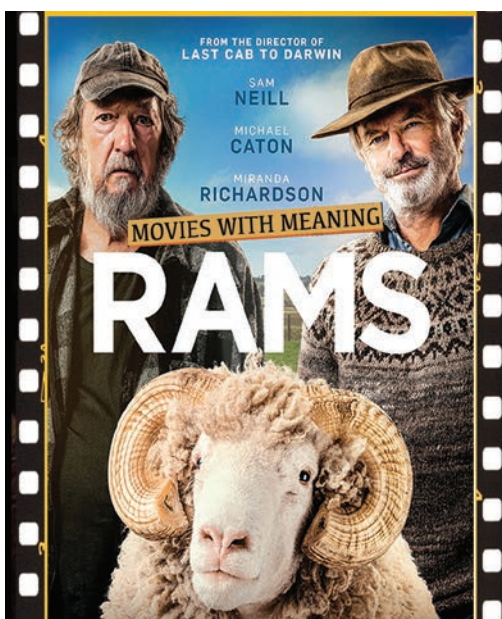
Tickets \$12 at Denmark Community Resource Centre or at the door (doors open 6.30pm)



7pm Saturday 12 Dec • Denmark Civic Centre

doors open 6.30pm

Tickets \$12 all ages at Denmark Community Resource Centre



7pm Sat 13 Feb • Civic Centre • doors open 6.30pm

Tickets \$12 all ages @ Community Resource Centre or on line <https://movies-with-meaning.floktu.com>



7pm Sat 20 March • Civic Centre • doors open 6.30pm

Tickets \$12 all ages @ Community Resource Centre or on line <https://movies-with-meaning.floktu.com>



Denmark's Food Pantry

During the COVID-19 lock down, the Denmark Community Resource Centre was approached by the Shire of Denmark to become a Food Pantry to help provide assistance to community members that found themselves in financial hardship during these times.

Not only did the Centre have food and fuel vouchers that had been organised by the Denmark Anglican Church, the Centre and Shire put a call out to the public for donations of non-perishable food items. And the community answered!

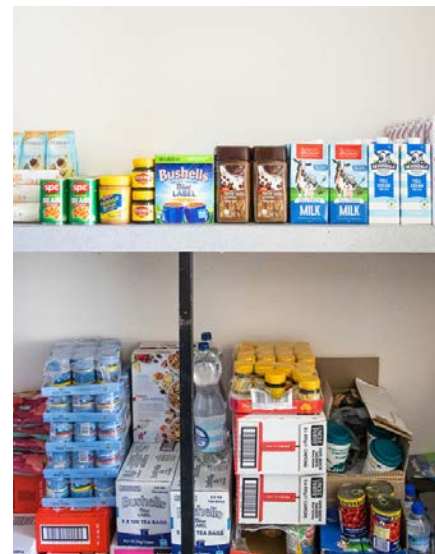
After a few weeks, the items went to grateful families and the Pantry was bare. Thanks to Food Bank and the Salvation Army in Albany, we were able to receive a few smaller packages of items.

Having a full time Food Pantry for Denmark residents became a new goal for the Denmark CRC.

The Denmark CRC teamed with the Denmark Community Foundation for a Lotterywest grant. If we were successful, it meant that not only could we have a Food Pantry but also increase our emergency program.

The grant was successful and the Centre began expanding the Community Assistance Program to include more food and fuel vouchers, swags and tents for emergency accommodation, local produce vouchers, free breakfasts, frozen meals and our long awaited Food Pantry!

Thanks to Second Bite, a food rescue non-for-profit organisation, we can help the families and individuals of Denmark who are experiencing financial hardship.



● French Class with Anais 17th

Once the COVID - 19 lock down was over, we were approached by an amazing lady named Anais who was working around Australia and wanted to give back to our community by running free French Classes!

The Denmark community jumped on the chance to learn and Anais ended up splitting the large numbers into a Beginners and Intermediate classes.

Unfortunately, Anais was offered an employment opportunity away from Denmark. Both her classes and the Denmark CRC were very sad to see her go but wished her all the best.

Merci beaucoup pour ta gentillesse, Anaïs!!

(Thank you very much for your kindness, Anaïs!!)


JOIN US ON FACEBOOK : FRENCH CLASS DENMARK WA

MEETING (FREE)

FRENCH CLASS DENMARK

Welcome meeting to introduce you to your future French class

JULY 17TH, 2020 | 3:30 PM
Denmark Community Resource Centre



THE DENMARK COMMUNITY FOUNDATION, ECSTRA FOUNDATION AND THE DENMARK CRC PRESENT:

GREAT FOUNDATIONS WORKSHOP SERIES

LOW COST COOKING

JULY 25th
10 - 1

At the Denmark Community Resource Centre

Join Donna Marie as she cooks a low cost meal that uses seasonal produce for you to enjoy and will help stretch your food budget.

Affordable, Simple and Delicious

By Donation

Bookings essential

Register @dcfwa.org.au or ph: 0429 409122



● Low Cost Cooking 25th

One of the main goals behind the Great Foundations is to help people in the Denmark community gain financial balance and independence.

Great Foundations coordinator, Von Quinn, began a short series of cooking workshops to show how you can make healthy meals that are also low cost, helping you stretch your budget.



Setting up myGov

Learn how to get set up with a new myGov account, and sign in for the first time.

What you need to set up a new myGov account

It's important that the myGov website is secure. The first things you'll need to create a secure myGov account include:

- An active email address, which is what you will use to sign in to myGov each time you use it.
- A mobile phone with an active mobile phone number and account, so myGov can send you a code via text message, to ensure it is you who is trying to access your account. You should use only your mobile phone number with myGov, not the phone number of a relative or friend.

You will also need to provide answers to some secret questions, which you can choose from a list provided by myGov.

The secret questions will let you access your myGov account if you:

- forget your myGov password
- no longer have access to the mobile phone you used to sign in.

The secret questions don't let you sign in, but they will let you set a new password or choose a new mobile phone number to use.



You need an email address and mobile phone to set up a myGov account

Setting up your new myGov account

To set up a new myGov account, you'll need to use a laptop or desktop computer. Open the web browser of your computer, and enter the **my.gov.au** website address into the **Search bar**.

MyGOV for High Schoolers 18th

As agents for Centrelink, Medicare and MyGOV, the Denmark CRC partnered with Von Quinn from Good Things Foundation to bring helpful information to the local year 11 and 12 high school students.

34 students came to the centre to learn what is MyGOV, why should they set up an account, how to link Centrelink and find information on Youth services.

Petra led the students through how to set up MyGOV account, while Von showed presentations on the other Governmental services can be linked and accessed through their accounts.

The lucky students, teachers and other helpers were then treated to freshly cooked pizza and tour of the centre.

Session Plan: Introduction to myGov

Session overview & objectives:

This session is designed to give learners a practical understanding of what myGov is, how it works, and how it can allow them to independently manage government services. At the end of this session, learners will have:

- Learned how to create a myGov account
- Gained an understanding of myGov works, along with how it interacts with:
 - Centrelink
 - The ATO
 - My Health Record
 - Medicare

If learners already have a myGov account but just want to know more about it, they may want to attend for a portion of the session.

Suggested session length:

90 minutes

Prior knowledge:

Before attending this session, learners need to be familiar with the following topics:

- Email (learners will need an email address to register for myGov)
- Filling in online forms

If learners require support on these topics, there are courses on the Be Connected Learning Portal (beconnected.esafety.gov.au) and session plans ready for Network Partners to use here (www.beconnectednetwork.org.au/training-resources/session-plans)

Tip: Each learner will need to have access to an internet-connected device to complete this session.

myGov: A secure way to access services online

There are a lot of government services to keep track of - health, tax, pension, and more! It's easy to forget something in all those piles of paper, so myGov gives you a way to organise all of that securely online, with a single login and one password.



myGov

What model was your first car?

Where did you go to primary school?

What was the name of your first pet?

Where did you go for your first holiday?

Choosing secret questions

Another step for safely setting up your myGov account will be to provide answers to a series of secret questions. These questions relate to facts about you that only you will be able to answer, e.g. 'the model of your first car' or 'the name of your first pet'.

Don't worry about having to think up the questions yourself though, the myGov website will let you choose from a list. All you need to do is remember the answers you gave!

eSafety Tip

Be careful to answer your secret question exactly as you did when setting up your myGov account, including capital letters and spaces.

If you answer your secret question incorrectly five times in a row, your account will be locked for two hours.

After the two hours, you can try again!



National Science Week: Science in VR 22nd



SCIENCE in VR
SCIVR.COM.AU

Saturday 22 August
9 am - 10 am
@ Denmark CRC
2 Strickland St

Join us this August when we explore the cosmos live via Virtual Reality for National Science Week 2020.

Delivered to you through personal VR headsets or check out the live stream on our big screen.

This is an amazing opportunity to ask all your burning space and astronomy questions to presenters Prof Alan Duffy and Dr Rebecca Allen.

Entry by gold coin donation. Don't miss this family event.

Contact us on 9848 2842 for more information and to register.



Even though 2020 was a struggle, the National Science Week program was a hit!

The Denmark CRC decided to participate with a VR (virtual reality) session for the community where they could explore the cosmos using their free VR headsets while listening to Professor Alan Duffy and Doctor Rebecca Allen answer space and astronomy questions from all over Western Australia.

27 participants joined us in the Gallery, with ages ranging from 3 years to over 60, everyone waited eagerly for the session to begin.

There was plenty of ooh's and aaah's as the participants were given a tour of space.



15MIN WONDERS

Friday 18 September



The Great Southern region has a wealth of diverse treasures, from the giant Karri trees to the beautiful coast line to the unique flora and fauna that live here.

Lucky for us, we have a huge community of environmentally minded people! Join us as some of these warriors share their stories, ideas and projects in our first open webinar with your chance to ask your questions in the live Q & A sessions.

Morning Session

10:30 am - 12:30 pm

Includes Morning Tea

Evening Session

5:30 pm - 7:30 pm

Includes Pre Screening Nibbles

Join us in the Centre for a Live screening or watch from the comfort of your couch!

Registrations are necessary, so call 9848 2842 to book today.



15 Minute Wonders Webinar 18th

Originally created by the Walpole Community Resource Centre, the 15 Minute Wonders is a TED Talk style conference with presentations focused around a topic and led by local community members.

2020 was the first time the Denmark CRC was going to hold the event in Denmark and then COVID hit!! So being ever resilient, we turned the event into an online webinar, that could be shared with any of the CRC's in Western Australia.

This year's topic was the environment with a focus on new ideas, stories and projects that are helping or bringing attention to environmental issues. We also invited speakers from the Walpole and Mt Barker CRCs and Albany's Rainbow Coast Neighbourhood Centre to join us.

The sessions were well attended both at the COVID safe live screening in the Denmark CRC and also online. Attendees were awed at the passion of the presenters and felt inspired to get involved with some of the continuing projects.

Jasmine, our events trainee, had the brilliant idea to record the sessions which we can now share with other CRC's, environmental project groups and share via social media!



15MIN WONDERS

Morning Session

11 am - 12:45 pm



Denmark Treasures
- Denmark Primary School
Growing up on the amazing South Coast, Denmark youth spend many hours at the beach enjoying the crystal blue waters and the wildlife that reside here.

Is Denmark a Resilient Bio-region?

- Nicole Hodgson
Using the Denmark community as a living laboratory, Nicole and her Murdoch University students have worked over a decade to uncover the truth on just how resilient and sustainable the region is. An educational model that inspires wonder and curiosity.



ClimateClever for Everyone
- Laura Bird & Vanessa Rauland
ClimateClever Measure your climate footprint efficiently by using an interactive and proactive program. Analyze your bills, create an action plan and track your progress. Empower your family and yourself to tread a little lighter and keep your wallet healthier.

Leaving No Trace

- Christie Bentink
Spending time in the great outdoors is a big part of our Australian culture and as wild and unkempt as they are, these natural areas need our help to ensure their sustainability into the future. The seven Leave No Trace Principles will guide you on how best to take responsibility for enjoying our beautiful country.



A Seed of Change
- Plastic Reduction Denmark
From small and humble beginnings, this group of dedicated and passionate volunteers will share their story of how they came to be. From giant fish, up-cycled shopping bags, flash mobs and taking their kit off! Inspirational, funny and guaranteed to make you smile.



15MIN WONDERS

Evening Session

6 pm - 7:05 pm



From The Dunny Brush to the PhytoFighter 5000
- Gary Muir
An amazing story of how a small country town has been quietly instrumental in the fight against an environmental nightmare. With the world's current health status sparking interest in pandemics and hygiene, our very own Dieback pandemic has a parallel comparative interest for you to wonder at.

Making a Community Garden

- Yann Toussaint
Promoting sustainability and building community resilience through connection, community gardens can be the hub of any town- small or large. A wealth of knowledge and experience, plant loving Yann will share his insights on what an outdoor shared social space can do for your town.



Repair Cafe in Great Southern
- Angela Bristow-Baohm
What do you do when something breaks or is a little worse for wear? Do you mend it, toss it or put it in the shed with all the other bits and bobs? Imagine a monthly meeting place where expert volunteers repair those poorly items. Its a real thing and its taking the world by storm! Albany has taken up the call... have you?

Many thanks goes out to all of our volunteer presenters for sharing their time and expertise.



RESILIENT REGIONS

Since 2009 a group of 20 to 30 Murdoch students have visited Denmark and surrounds every December to:

- Explore the concepts of **resilience**, **bioregionalism** and **sense of place** through field trips and case studies;
- Learn in an immersive, intensive, experiential way.





Growing Together: Why community gardens matter




From the Dunny Brush to the Phytofighter 5000

with Gary Muir
WOW Wilderness EcoProjects



How a small community is helping protect Australia's Nature, Culture and Future...



Mental Health Week 2020 October 10 -17

Strengthening Our Community



Bookings essential, call Denmark Community Resource Centre on 9848 2842

By Donation unless stated

Community Conversation Series
"Exploring the effects of shame and empathy on our wellbeing"
Wed 7th Oct 12:30 pm @ Denmark Arts House
Hosts: Susan-Jane & Josephine

Transmission Lounge
Share your song, dance, poetry, spoken word, any performance
Sat 10th Oct 7 pm @ Denmark Arts House
Contact: Terry MacKintosh \$10 Door Charge

Practicing Self Compassion
Embrace yourself with more kindness and understanding
Mon 12th Oct 10 am @ Test Space
Host: Chris Gillet

Art Therapy Session
Safe space to be creative
Tue 13th Oct 10 am @ Test Space
Host: Lata Wright

Introduction To QiGong
Promote balance and relaxation
Wed 14th Oct 9 am @ Denmark CRC
Host: Lyndal Galloway

Love Languages
Building family relationships
Wed 14th Oct 12:30 pm @ Denmark CRC
Host: Relationships Australia

WOW Textiles Studio
Community Activity
Thurs 15th Oct 9 am @ Test Space
Host: Rinske, Hilary & Josephine

Community Conversation Series
"The power of listening - for healing and community building"
Thurs 15th Oct 12:30 pm @ Denmark Arts House
Host: Rod Mitchell

Community Party @ Test Space
Fri 16th Oct 4:30 pm @ Test Space
Hosts: Liz Jack & Jennie Newman

DanceAbility - a class for all abilities
Fri 16th Oct 10:30 am @ Location TBC
Host: Fiona Enright \$5 per person

Community Yoga
Sat 17th Oct 9 am @ Denmark Yoga Centre
Contact: Sumer Addy & Sonia Dezulis



Mental Health Week 2020 10th - 17th

One event that was desperately needed during 2020 was Mental Health Week!

Led by Josephine Lebbing from the Community Empowerment Network, the Denmark CRC joined with the Denmark Arts Council, Liz Jack from Test Space, Relationships Australia and a number of mental health professionals to bring a week of self care and understanding to the community.

Each workshop or event was well received and booked to capacity.

The opening event was an open mic night, Transmission Lounge, that performers embraced the theme of mental health and some even told of their mental health.

The week was full of learning how to talk about mental health, practice self compassion, understanding people's love languages and even different approaches to taking time out and learn a new activity.

"Strengthening our Community" was the motto of the week and it certainly made an impact on those who participated in the week, to see they weren't the only ones struggling.

Mental Health Week 2020 October 10 -17

Activities and Host Information

Community Conversation Series
Through this series of conversations, we will explore topics that community members believe are important to our wellbeing. Promoting a sense of grassroots community 'ownership', we will share the responsibility for creating a safe space for getting to know each other and hearing each others perspectives.
Led by various local community members.

Transmission Lounge
Transmission Lounge is a place to share your creativity, be it song, dance, poetry, spoken word, any performance piece. The only criteria are respect and brevity - about 10 minutes per performance, to allow as many as possible to participate. Having a safe space to share our creativity allows us to gain self-knowledge, confidence and acceptance of our individuality. Transmission Lounge welcomes you to join in and contribute to this supportive community. PA is provided.
Organised and led by Terry MacKintosh. Sponsored by Denmark Arts.

Practicing Self Compassion
Practicing self-compassion may seem like a nice and fluffy idea, but it is serious and important business! In this session we will explore how to come to peace with yourself when you have said or acted in a way that you regret- or "beat ourselves up" for. This important practice helps us to see the needs behind our choices, and to embrace ourselves with more kindness and understanding. This in turn, enables us to be able to look upon others more kindly when they do things we don't like.
Led by Chris Gillet, a Certified Nonviolent Communication Trainer.

Art Therapy Session - womens group
In this safe space you will be gently guided to play with some creative materials in a way which will grant insights and new skills, as well as get to know others with shared experiences.
Guided by Lata Wright, Art Therapist & Photographer.

Introduction to QiGong
QiGong, pronounced "Chee Gung", consists of slow, repetitive movements and a meditative mind state restoring health, harmony and balance. Other benefits from QiGong trickle through, helping alleviate stress, which can reduce blood pressure and promote relaxation and good mood by giving a holiday to the constancy of active mind states.
Guided by Lyndal Galloway, Yoga & QiGong enthusiast.

Love Languages - building family relationships
Everyone gives and receives love differently, understanding this concept and applying it with our family members can transform our relationships.
Prepare for this session by discovering your love language and invite your family to discover theirs, at www.5lovelanguages.com/quizzes
For more information visit: www.5lovelanguages.com
Led by Relationships Australia, leader in relationship support services.

WOW Textiles Studio - community activity
Join in with the making of the community rainbow wall hanging. Find out about WOW Textiles Studio and share stories about how creativity can assist our growth and wellbeing.
Led by Rinske, Hilary and Josephine

DanceAbility - a class for all abilities
This class is for all abilities where participants are supported to find their own movement and with each other. Get to know yourself through movement while responding and contributing to those around us. Fiona shapes the classes to meet the needs of the individuals and the group, to create a nonjudgmental space for all to enjoy and learn. When you register, please provide any information relevant to assist in creating a safe and inclusive session. Suitable for 16yrs+ and Carers are welcome
Led by Fiona Enright, certified DanceAbility Teacher.

Community Party @ Test Space
Wind up the week with a fun and relaxed hang out at Denmark's exciting new (ad)venture, Test Space. Dress up or down, bring a game, a beverage or musical instrument and enjoy the vibe.
Led by Liz Jack & Jennie Newman

Community Yoga
Mindfulness and yoga with Sumer: return, remember, reframe, rejoice. All are welcome and no experience necessary.
Led by Sumer Addy & Sonia Dezulis, local yoga teachers.

Bookings essential, call Denmark Community Resource Centre on 9848 2842

MENTAL HEALTH WEEK 2020

Mind, Body Wellbeing

Art Therapy w Lata Wright

Tues 13 Oct 10am – 12pm

@ Test Space, Unit 7/39 Strickland St. Cost: By Donation.

Art therapy is insightful and empowering. You need no art skill, just a willingness to give it a go.

MENTAL HEALTH WEEK 2020

Love Languages

Strengthening Family Relationships

Wed 14th Oct 12.30 – 2.30pm

Denmark Community Resource Centre, 2 Strickland St
Cost: By Donation.



There's no better time to get online



Open Day & Quiz

- Monday, Oct 19
@ Denmark CRC
9am - 12pm

Meet with our digital mentors and have a play with the numerous devices available, including:

- I-pads
- Smart Phones
- VR Headsets

Join in on the fun with 'The Great Get Online Week Quiz' - for more information, please call us on 9848 2842.



Information Pop Up Booth

- Tuesday, Oct 20
8:30am - 10:30am
@ Denmark Rec Centre

- Wednesday, Oct 21
1pm - 3pm
@ Denmark Library

Our digital program is available for all ages and all walks of life!

Need help getting started online?
Unsure on how to stay safe online?
Does your device scare you?

We can help you overcome your IT troubles! You might even have some fun.

Come and see us to find out how.



● Get Online Week 19th - 25th

To celebrate Get Online Week for 2020, the Denmark CRC decided to hold an Open Day with a interactive quiz and two Pop Up Booth sessions!

The Open Day activities consisted of stations with iPads, tablets, phones and laptops filled with a number of games that people could try out. The VR headset was out again letting people test roller coasters without leaving their seat!

The Great Get Online Week Quiz was a huge success with participants from all over Western Australia joining in via Kahoot One of the Denmark participants came 4th overall!

Our Information Pop Booth sessions were also quite popular with people coming to see Gail and Petra at the Rec Centre and Gail and Brendon at the Library.

Questions included how to access photos on mobile phones, logging into Gmail and more.



● Not Waste Festival 28th

The Not Waste Festival celebrates the reuse, repair and reduction of objects that create waste through workshops and exhibitions.

This year participants were invited to a panel discussion with Dr Harriet Paterson, James Gentle, Bradley Waldren and guests and a Makers Day where makers introduced their talent of reusing and upcycling waste.

Evening events included Unpalatable - a black tie exhibition and cocktail event. Then Nari Lees and Symantha Parr treated the community to a contemporary dance performance.



Gallery of Curious & Curiouser

@ The Denmark CRC Gallery



The Denmark CRC & Denmark Historical Society are collaborating to create an exhibition of items that will leave you scratching your head!

From old technology to strange little known tools & everything in between, come and check it out.



The Bert Saw Historical Photo Exhibition will be also on display. Step back in time with images from the Denmark/Walpole area & Bert Saw's family life.

Or relax in the Sound Room where you can take a seat & listen to a recorded memory or two from local residents.



This gallery & exhibition is a wheel chair & dementia friendly space.

Exhibition open
9th - 21st
November
Mon - Fri
9 am - 4 pm

Gold Coin Entry



Win \$150
of Denmark
Dollars!

The competition closes:

Friday 20th
November



Seniors Week 2020: Gallery of Curious & Curiouser 9th -21st

In the spirit of bridging the gap between generations, we decided an exhibition of everyday out dated objects would show what older generations worked with before technology took many leaps forward.

To help us pull this event off, we partnered with the Denmark Historical Society and Denmark Museum and asked community members to lend us their strangest/oldest items. And the community answered!

Items included one of the first lawnmowers in Australia, a telephone switchboard, and more. We chose the most interesting objects to run a "Name These Objects" competition. The items were a set of Absinthe spoons.

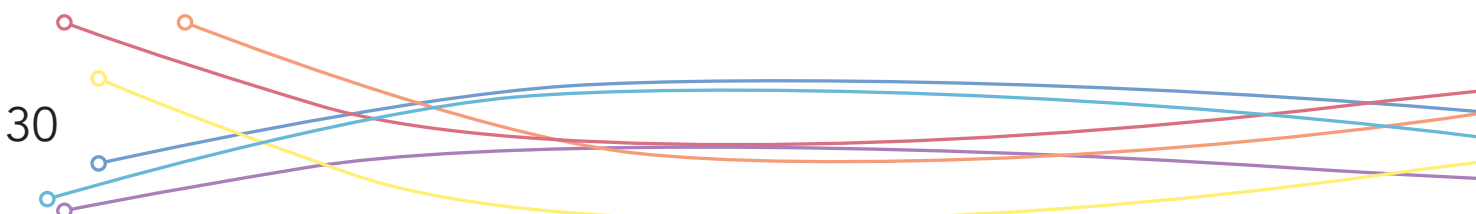
One participant was able to get the name for an item she had purchased but never knew what it was! Thanks to Facebook we were able to let her know was a traditional German Wedding Cup.

The gallery was also home to the Bert Saw Historical Photo Exhibition, which documented the life of Bert Saw and his family and also the building of Denmark, Walpole, Nornalup and the surrounds.

And as an extra cherry on top of this event, the Denmark Historical Society also lent copies of the spoken tales from long past Denmark members. They told tales of their childhoods in Denmark.

One exhibition goer was brought to happy tears when she heard her parents voices while she was looking at the exhibition. She has since received a copy of the recording to share with her family.

The Gallery of Curious & Curiouser was a huge success with plenty of positive feedback and excitement for another exhibition in 2021!





● Seniors Activities: Play Date Edition 6th

For a special Senior's Week edition of the fortnightly Senior's Activities, we decided to organise a play date between our Seniors and the Little Whalers kindy kids.

Armed with puzzles, kinetic sand, blocks and other play items, the play date went off without a hitch! There was a lot of laughter and talking as the generations swapped tales and told each other jokes.

After a morning tea, the kindy kids said a huge thank you and left the seniors to settle back into their regular activities!



● Unlocking Creativity 8th

Jade Richardson is a professional writer and coach that helps writers and artists all over the world unlock their inspiration and creativity.

As Denmark is filled with writers, song writers, musicians and other creative members, Jade ran her Unlocking Creativity workshop in hopes to help the blocked and uninspired.

The workshop was so popular that Jade decided to run the workshop again in December!



Unlocking Creativity...

Workshop: Sunday NOVEMBER 8th

Denmark CRC 10:30am - 2pm

\$35 concession & members

\$45 standard

There is genius behind your creativity.

Inspiration, clarity, courage, joy & meaning are its gifts.

Your true stories are the key.

Free these, and bring your creative wisdom back to life.

An uplifting workshop using storytelling for those seeking inspiration and insight.

TICKETS & INFO at Denmark CRC or jade.gently@gmail.com

Jade Richardson is a writer, former Editor at NSW State Library, columnist and creativity whisperer whose workshops and retreats around the world inspire and heal. www.writeofpassage.org



December 2020

VOLUNTEERS ARE INVITED TO
COME AND CELEBRATE
IN THE COMMUNITY GARDEN
BEHIND DENMARK COMMUNITY RESOURCE
CENTRE - 2 STRICKLAND ST



Thank a Volunteer Day

Saturday 5th December
10am to 12pm

RSVP (Essential) : 9848 2842 or reception@denmarkcrc.com.au

ON ARRIVAL ENJOY A MIMOSA WITH DELICIOUS CANAPES

LIZ JACK WILL BE PRESENTING AN AMUSING INSIGHT INTO
VOLUNTEERING & ENJOY GARDENING TIPS FROM GREENSKILLS



Green Skills Inc



Thank a Volunteer Day 5th

As an organisation who love our volunteers, it was a perfect time to acknowledge the many volunteers who give their time for the various groups, non-for-profits and community services in Denmark.

Not only were the volunteers treated to mimosas and canapes as soon as they arrived but also to a presentation from Gertrude Wellease and a gardening demo from Green Skills.



Community Christmas Lunch 25th

Due to WA borders still being closed, there were many community members that couldn't travel home to their families. So this year's Community Christmas Lunch had to be moved from the CRC to the Denmark Riverside Club!

Diners enjoyed a fully catered lunch with all the traditional trimmings, music and laughs as they came together to celebrate Christmas!



Community
CHRISTMAS
LUNCH

Friday, 25th December
11am - 2pm

YUMMY FOOD, DRINKS, MUSIC, ACTIVITIES
AND MORE!
FREE
BUT PLEASE REGISTER TO ASSIST WITH
PLANNING

ANY CONTRIBUTIONS INC. FOOD & GIFTS ARE
MUCH APPRECIATED & WELCOME

Email - christmas@denmarkcrc.com.au
Denmark Community Resource Centre
your local connection (ph) 9848 2842

Denmark Community Christmas Parade 2020

Friday
18th Dec
2020

McLean
Oval

Best Float
Prize \$400

Best Walkers
Prize \$400

5:00 pm Markets open

5.30 pm Parade begins

6 - 8 pm Entertainment
Christmas Carols

Entertainment including:



The Paul Millard Quintet
James Flynn, The Bluebirds, Eklectika,
The John Clarke Memorial Band
& surprise guests!



Gold
Coin
Entry

Denmark Community Christmas Parade 2020 18th

Due to the challenge of COVID and new processes put in place, we had to rethink our whole Christmas Parade plan and location.

So for the first time in 2020, the Denmark Community Christmas Parade was moved to the McLean Oval outside the Denmark Rec Centre.

The parade was a success with floats and walkers all embracing the Christmas spirit! The winners of the Best Float were the Denmark Baptist Church, while the Denmark Kids Arts Club won the Best Walkers prize.

After the Parade, there was a Christmas market with numerous food and last minute gift stalls.

Santa was available for photos with kids and families. To make sure that Santa was staying the safe distance, he sat in one of the Classic Cars that participated in the Parade.

The music and entertainment kicked off with Christmas carols, The Paul Millard Quintet, The John Clarke Memorial Band and many more surprise musical guests.

It was agreed by the community that moving to McLean Oval was a great decision and it was great way to end 2020!





Denmark

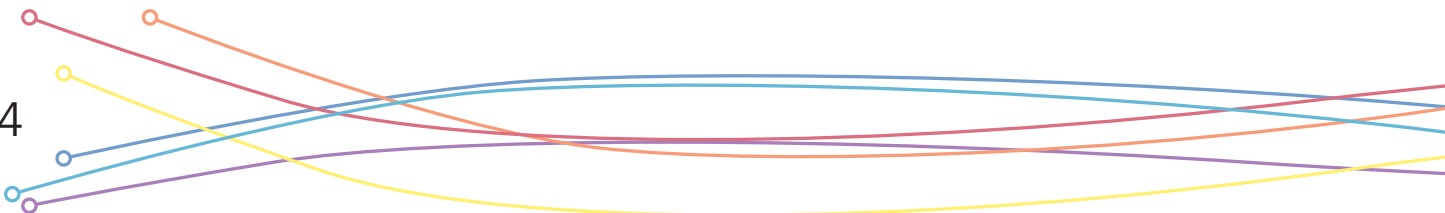
Community Resource Centre

Your local connection

Centre Hours January 2021

Mon - Fri
9 am - 2 pm

**Regular Centre hours returning
from Jan 25th
Mon - Fri 9 am - 4 pm**

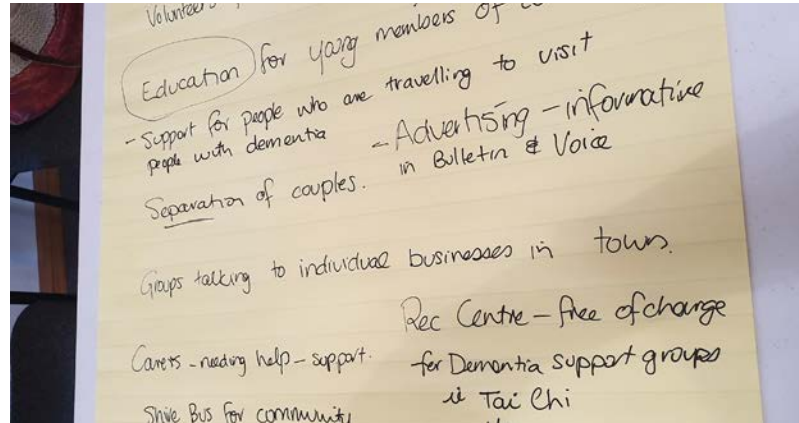
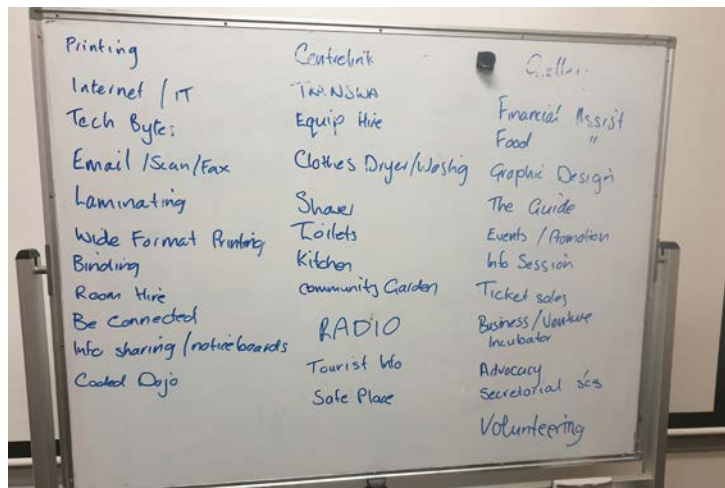
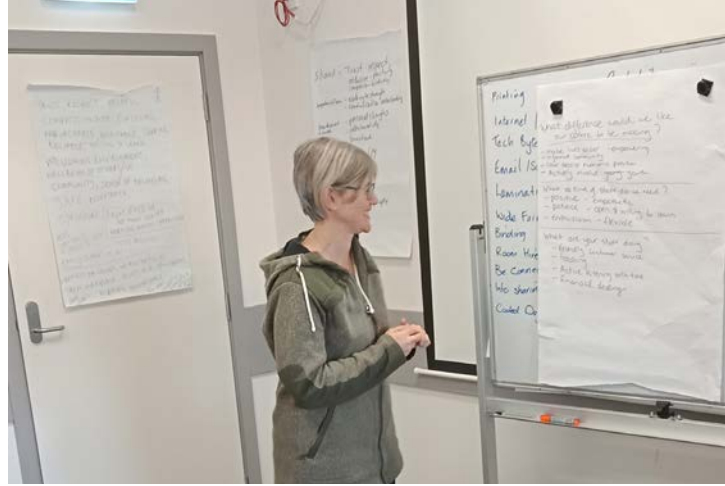


Strategic and Activity Planning

To make the most of the early closing during January, we used this time to tighten all our planning for the year.

Firstly, we looked at our Strategic Plan to ensure we were on track with our action plans and deadlines. Then we planned out our annual events.

Together as a team, we reflected on what worked well and what needed to be improved for this year. With our big events planned for the year and a time line put in place, we are ready to go!



● Be Connected Returned 18th

As new devices are usually a great idea for a Christmas present, many of our older community were eagerly waiting for Be Connected to resume for the year!

Our Be Connected coordinator was busy helping people learn to navigate their new device and assisting them in making it more beginner friendly.

Our IT Tech, Dennis, was also booked out frequently with one on one Tech Byte sessions, in setting up the device or troubleshooting issues.



Our Be Connected program is back and ready to help you with your digital learning.



Digital phones, iPads & laptops.



Want to become more familiar and confident at using the digital equivalent of the Swiss Knife – your smart phone?

Or do you need help with your laptop?

Or what about learning more about Apps, photos, Smart homes devices, library eBooks, emails, music, online shopping, NBN, scams...

No Pressure, learn at your own pace and things that interest you.

Enjoy a cuppa and snack while you learn new tricks and tips for getting the most out of your digital device in a friendly and relaxed environment.



Mondays and Wednesdays

Plus "Switched on Tuesdays" for iPads.

Bookings Required. Call us to book a time.

Ph. 98482842

Email: reception@denmarkcrc.com.au

Website: www.denmarkcrc.com.au





● Pancakes in the Park 16th

How do you like your pancakes, sweet or savoury?

To celebrate National Pancake Day (also known as Shrove Tuesday), the Denmark CRC team and volunteers, armed with pancake batter and the numerous topping options, headed down to the Norm Thornton Park to cook up a storm!

From kids heading to school to the local walking group, everyone enjoyed their pancakes with their topping choices piled high!

While people were waiting for a fresh batch, they got to learn about the Centre's Community Assistance Program that assists families and individuals in need. People also got to see one of the tents and swags the CRC has to give to those needing emergency accommodation. Many people gave donations to go towards this program and these donations are greatly appreciated!

What goes down great with pancakes?
Why coffee or tea of course!

Tahlie, from the coffee van Mavis & Me, also came along and provided fresh cups of coffee and tea for a fee.

As you can see from the photos, sweet and savoury pancakes were enjoyed by all!





Live Screening

When: Friday, February 26
 Time: 7.30 open for 8pm start
 Where: Denmark CRC

Please call Denmark CRC to register



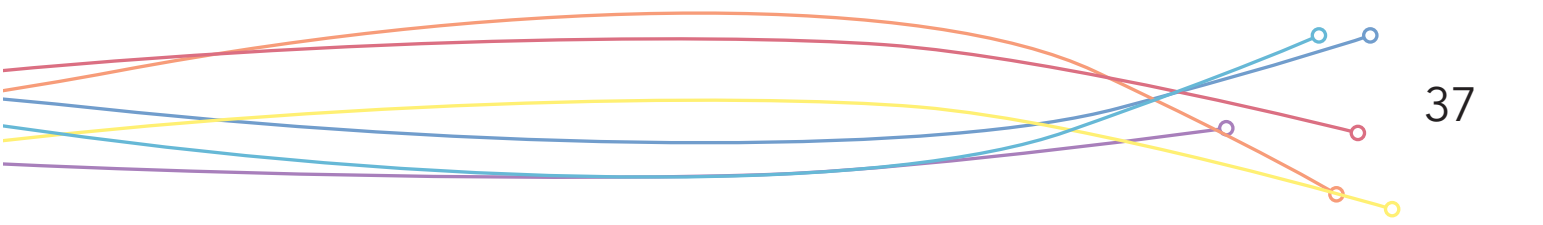
denmarkcrc.com.au | (p) 9848 2842 | (e) reception@denmarkcrc.com.au

Opera in the Park Simulcast 26th

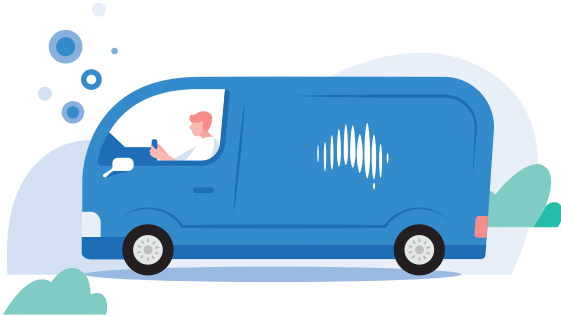
Once again the Opera in the Park drew an enthusiastic crowd for a fun music filled night!

Featuring pieces from Strauss, Puccini, Verdi and more, the night was perfect for opera lovers to come and soak in the performances while enjoying drinks and nibbles provided.

Some of our attendees took advantage of the night and dressed to the nines, stating they had missed out on too many event during COVID!



Hearing Australia is coming to you



Hop aboard for a free* hearing check

Denmark Resource Centre

Date 10/03/2021, Time 9:00am - 3:00pm
2 Strickland Street
DENMARK WA
08 6819 5800



*Only 15 minute hearing checks are free. Other services may attract charges/fees or may be subsidised for those eligible under the Australian Government Hearing Services Program.
A hearing check is a screening that helps identify people that may have hearing loss.

Hearing Australia Van Visit 10th

It was once again time for the annual visit from the Hearing Australia van.

Parked in the Denmark CRC car park, members of the community could come along and not only get a free hearing check but also ask the Hearing Aust crew about hearing aids, devices for the hard of hearing, how to maintain these devices and much more.



Heather and Tony's Story 12th

Have you ever wondered if you can live out the end of your life at home instead of a strange place?

Local couple, Heather Sanderson and Tony Speechley discussed how their collected community from their beloved cycling group, neighbours and friends came together to support Tony's decision to live and pass at home.

Tony's choice helped his friends and family not only realise the importance of having an end of life plan but also make the topic of death less taboo.

Many Denmark community members came along and after shedding a few tears, delved into a full discussion of what is needed to live out their life at home and how to be prepared for this following this choice.



Heather and Tony's Story

End of life care at home

SHORT FILM AND DISCUSSION

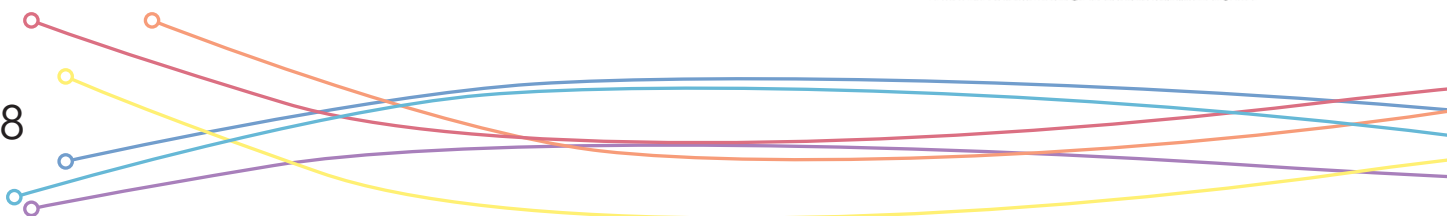
Come along and watch an inspiring local film about a community who came together to support Heather and Tony during the final months of his terminal illness and learn about how to support someone who is going through a similar experience.

1pm - 2.30pm

Friday, 12 March 2021

Denmark CRC, 2 Strickland Street Denmark

RSVP: contact Vivienne Gardiner on 0472 843 175
or email vivienne.gardiner@wapha.org.au



Earth Hour 2021 27th

With all the environmental issues facing us, Earth Hour is important for us to take time to reflect on how we can lessen our impact on Earth.

2021's theme was to #SwitchForNature and think about if it was time to switch to solar power or environmentally better lighting options, switch our rides to bikes, scooters or walking and anyone ideas to switch to.

The Denmark CRC urged members to check out the tips and ideas on how to make #SwitchForNature as well as how to go in the running for an electric scooter at www.earthhour.org.au



Make the #SwitchforNature

Make the #SwitchforNature during Earth Hour and reconnect with the natural environment.

Our unique biodiversity, meaning the wildlife and the natural places we love, face a perilous future if we don't step up to protect our planet (and our home!) from the impacts of climate change.

So this Earth Hour, it's easy for all Australians to show they care: simply make the #SwitchforNature.

April 2021



invites you to

GAMES NIGHT



Children under 16 must be accompanied by a responsible adult.

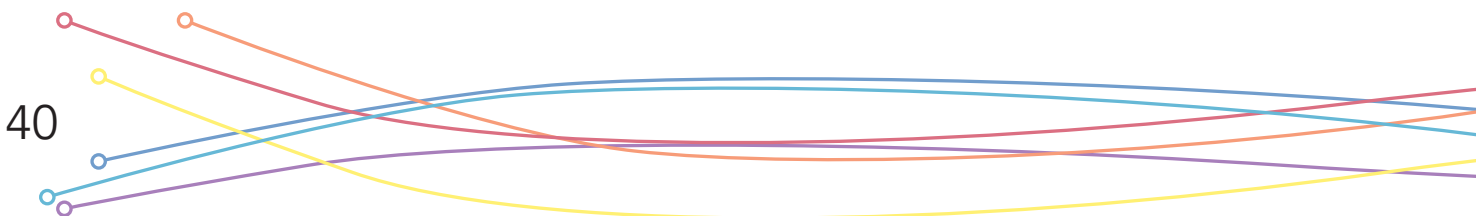
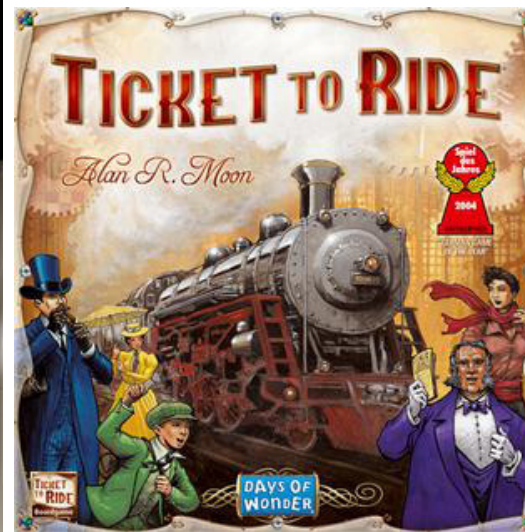
Friday Games Night 2nd

Beginning on the 2nd of April, *Tiny Treasure* owner, Helen opened the first Friday Games Night at the Denmark CRC.

Participants could come along a set up a game they knew or join in a learn a new game.

Games included the old staples; Scrabble, Monopoly and also a variety of table top games; Catan, King of Tokyo, Ticket to Ride and more!

Games Night is so popular that Helen has kept it running through out winter.



We can make it easier.



Free services

- Career guidance
- Information on training & employment options
- Resume writing
- Writing a selection criteria
- Assistance with job applications
- Interview skills & tips
- Links to current jobs and positions

8th April
6th May
3rd June

Denmark CRC between 1:00pm - 3:30pm

Contact Denmark CRC to make a booking:
PH: 08 9848 2842
reception@denmarkcrc.com.au

jobsandskills.wa.gov.au

Follow us on

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RTO code: 0362

Jobs & Skills Centre Sessions 8th

It can be hard to write a glowing resume that reflects all your skills and talent. Also completing a position winning selection criteria can feel impossible!

That's why we worked with Worklink and Jobs & Skills Centre to set up monthly one on one sessions for people to visit and gain help in these areas of employment hunting.

Nellie from Worklink can also help learn interview skills, career advice and even help defining the different employment options.



Self Help Guide

Job seeker information for seasonal workers



Self Help Guide | Cover Letter Basics

Green Shed Revamp 16th

Since the Morgan Richards Community Centre has become our new home, we have had plans to help small groups including offering them a space to store various equipment.

Due to our IT Tech, Dennis Verbunt's, handiness we can now offer sections of our Green shed, as well as have more storage space for the CRC.

Dennis not only made our large shelving by also cleared out the unwanted collection that had filled the shed.

The shed is now home to the Mill Art Group's exhibition furniture that they use for their exhibitions in the Gallery. Also all the donated Community Christmas decorations that are used for the Christmas Parade!





CONSUMER PROTECTION WILL BE IN DENMARK!

- Have you got questions about your shopping rights including refunds, warranties, gift vouchers and store policies?
- Are you a tenant and having issues with your tenancy such as getting your bond back or maintenance of the property?
- Are you worried about current scams and how to avoid them?
- Have you got concerns about the safety of a product?

Senior Regional Officer Steph Marsh will be visiting Denmark to answer your questions about your consumer rights. This is a free service. No appointments required, please just drop in!



Thursday 4th
March 2021

Thursday 1st
April 2021

Thursday 6th
May 2021

10 AM TO 12 PM

DENMARK
COMMUNITY
RESOURCE CENTRE

2 STRICKLAND ST
DENMARK WA 6333

Department of Mines,
Industry Regulation and
Safety

2/129 Aberdeen Street,
Albany WA 6330

(08) 9842 8366 / 1300304054

www.dmirs.wa.gov.au

consumer@dmirs.wa.gov.au

Consumer Protection Sessions 6th

With so many scams popping up constantly and opportunities to be caught in a legal or financial nightmare, Steph Marsh from Consumer Protections set up monthly drop in session for the Denmark Community.

Covering topics including rental and tenancy issues and rights, questions regarding gift vouchers, warranties and more, people could come sit with Steph and talk over the different options to navigate their legal rights.



Government of Western Australia
Department of Mines, Industry Regulation and Safety



REGIONAL COLUMN

www.dmirs.wa.gov.au www.wa.gov.au

With Senior Regional Officer for Great Southern, Steph Marsh

Have your say about proposed retirement village reforms

Retirement villages are an important part of available housing options as we get older and Consumer Protection is keen to get your feedback about proposed reforms to legislation.

We recently released the final consultation paper in Stage Two of the retirement villages' legislation reform process in Western Australia, and all interested parties are encouraged to make a submission.

You can provide feedback on the phone, via email or through the post before submissions close on 21 July 2021.

The Consultation Regulatory Impact Statement 4 (CRIS 4) includes proposals for a new process to manage significant changes to a village, improving protections for consumers in 'off the plan' sales and leases as well as looking at options to improve dispute resolution processes.

After last week's storm, do you need help with:

- using qualified tradespeople for repairs
- identifying scammers/con people who offer cheap repairs
- tenants' rights and landlords' responsibilities for repairs to rentals



Steph Marsh
Consumer Protection Officer
Denmark Sessions

Changes to WA's fitness industry

Effective 1 July 2021



Steph Marsh
Consumer Protection Officer
Denmark Sessions

Navigating the sale of a used car

Did you know that private car sales are not covered by consumer laws?

This means if vehicle is faulty, there is no warranty and it becomes impossible to return.

Learn more about your rights when purchasing a used car by coming in and seeing Steph.

My Money, My Story

Workshops for Women and their Retirement

(whatever age you are!)

Strengthen your relationship with money, make sound financial decisions, and be supported to develop a financial plan for your future - your way!

Sundays, May 23 & 30

10 to 4 pm

Lunch Provided

\$40 for both sessions

at Denmark Community Resource Centre

Queries to Von
yaquinn@bigpond.com
0429 409 122



● My Money, My Story 23rd & 30th

This workshop saw us partnering with Denmark Community Foundation, to help bring clarity to the important decisions that need to be made before and after you retire.

With a focus on women strengthening their financial knowledge and putting together a practical framework to check on your financial decision making as well as creating a supportive group of ladies to help.

These workshops ran over two Sundays and were so well attended that it has evolved to a monthly meeting renamed, Wild Women and Finance.

Beginning in June, the group discuss retirement funds, options for investing and many other money topics allowing attendees to ask as many questions as they can.

My Money, My Story

Inspiring strong financial agency for every woman, in every situation

WHAT IS IT ABOUT?

My Money, My Story is a new workshop programme for strengthening your relationship with your money.

There are a lot of great courses and inspiration for strengthening your financial skills and habits out there. Here are some examples, designed for Aussie women:

- [WIRE's Women Talk Money](#)
- [Verve Academy](#)
- [MoneyGirl](#)

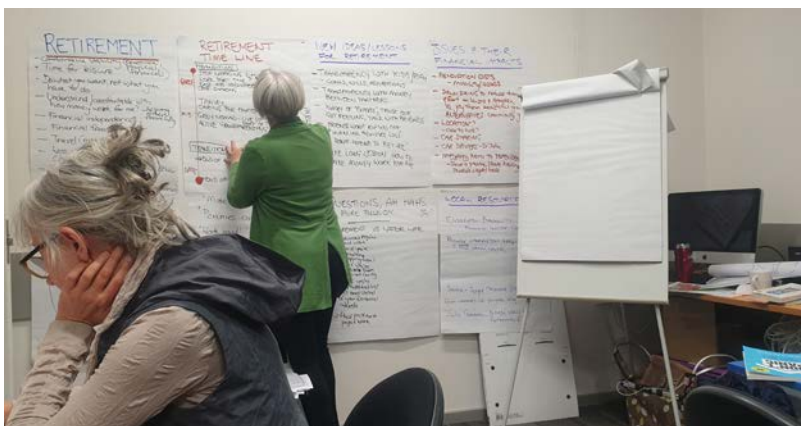
Here's the thing...unless you have a strong sense of your right to make financial decisions for yourself, in your own interests – known as your financial agency - then the benefits and control of those finely honed skills and positive habits could flow to other people.

My Money, My Story will give you the time and practical frameworks to check-in on your financial decision-making and control to make sure you've got firm foundations for your financial future. We cover a lot of territory, so that you can have confidence you've given your financial decision muscles a really good work out. If you want more intense focus on a particular topic or issue at the end of the programme, we'll help you find the right resources to guide your next steps.

WHY DO I NEED THIS PROGRAMME?

Do any of these ring true for you? They're all good reasons to sign up!

- It feels overwhelming to know where to start. You want to know more about how financial decisions actually get made in your life and how you can be confident they're supporting your goals.
- You are avoiding looking too deeply at your relationship with money in case it turns out you're not making decisions in your best interest.
- You don't have time or space in your busy life to think through all these issues in a consistent way. You want someone else to give you the questions and frameworks so that you can pay attention to what's most relevant to you.
- You need an independent 'ear' to test your ideas about your relationship with money and make sure you're communicating them clearly to others.
- You don't want to 'go it alone' and would value hearing about how other women approach their money decisions.
- You need to make some financial decisions soon and would like to have a structured, supportive way to approach your decision-making.
- You're tired of doing all the financial thinking yourself and would like a chance to be heard in a supportive atmosphere with some new perspectives.
- You'd like a women-only space to think and talk about your money story, goals and concerns, with respect for your privacy and confidentiality.





5 WEEK PROGRAM

Every Tuesday in June

3.30pm - 5pm

@ the Denmark CRC

Children FREE aged 7 to 17 - Parents Welcome

CoderDojo is a global network of volunteer-led, independent, community based programming club for young people between the ages of 7 & 17

A fun space to explore technology



Make new friends



Programs used, but not limited to -

- Scratch
- Gamemaker
- Arduino

For further information call 9848 2842
www.denmarkcrc.com.au www.coderdojo.com

CoderDojo Returns for June 1st

On a trial basis, CoderDojo was back for the month of June!

With our IT Tech, Dennis, Mr Dickinson introduced new kids and reintroduced past participants to the world of Coding.

During these session, kids could learn how to create their own game, publish a meme generator, investigate how apps are made, create wearable technology and learn programs including; Scratch, Gamemaker, Arduino and even Python.

CoderDojo is an international, volunteer run organisation who aims to give all children between 7 - 17 the chance to learn coding in a socially accepting and safe environment.



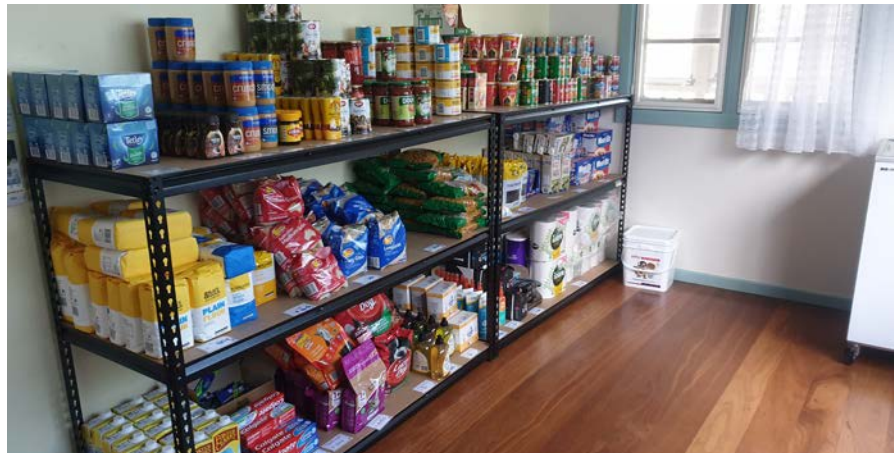
Denmark's Food Pantry Opens 2nd

Since the beginning of COVID-19 in 2020, the Denmark CRC has been trying to help those who were experiencing hardship in the community.

The Denmark CRC received a small amount of grant money from LotteryWest COVID Support Grant.

This money helped the Denmark community in a variety of ways including food vouchers, swags and blankets, gas bottles and the non-perishable Food Pantry.

Currently the Food Pantry will be opening each Wednesday, with non-perishable food and cleaning items available.



Kings Park Fashions

IS COMING TO

DENMARK



WITH FANTASTIC WINTER 2021 FASHION STYLES!!

WEDNESDAY 9th JUNE 2021

FASHION PARADE 10.30am

with Devonshire Tea

Denmark CRC River Gallery

All money raised will stay in the Denmark Community
- Raffle & Lucky Door prizes - **Door charge \$10**

Call 9345 3649 or email info@kingsparkfashions.com.au for any special requests to be brought along!
DISCOUNT ON ALL FULL PRICE GARMENTS WITH THE PRESENTATION OF YOUR SENIORS CARD

CREDIT CARD & EFTPOS PAYMENTS AVAILABLE

● Kings Park Fashion Parade 9th

Last year, the Kings Park Fashion and the Denmark CWA ladies held a pop up shop at the Denmark CRC to showcase the latest fashions for all ages and body types.

This year, the Denmark CWA and Kings Park Fashions joined us in holding a fund raising fashion parade to introduce the latest in Winter clothing styles. All funds raised went back into the Denmark Community Hardship fund for continuing support.

The CWA ladies not only modeled the clothing but also provided a lovely Devonshire Tea and prizes for raffles!



● Probus Cooking Club 23rd

What could be better on a wet windy winter's day than spending time with friends learning new recipes and then eating them?

The Denmark Probus group decided to answer that question with a joint project with the Denmark CRC.

Not only is the group full of like minded people who enjoy a laugh but they also get a chance to learn a new favourite meals and experiment with new flavours and ingredients.



LETS DO LUNCH

Join us for a social cooking session every 4th Wednesday of each month @ the DCRC. Learn new flavors, techniques and recipes with a friendly group of like minded people.. & enjoy the spoils over lunch together..

'Lettuce' Do Lunch!

11AM - 2PM

COST: \$10 - \$15

@ DENMARK CRC

JUNE 23

JULY 28

AUG 25

LIMITED SPOTS AVAILABLE
REGISTER WITH ROSE:
0437 706 318

 Denmark Community Resource Centre
Your local connection

