

ISSUE 333

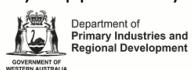
19 FEB-5 MARCH 2026

THE GUIDE



YOUR LOCAL CONNECTION

Proudly supported by



DENMARK COMMUNITY GARDEN.



In The SPOTLIGHT

Supporting, Empowering and Engaging our Community



Welcome to the latest edition of The Guide—your local connection to what's happening at the Denmark Community Resource Centre. We're looking forward to another busy month of support, connection and practical help for locals of all ages.

NDIS Free Information Sessions

Feeling unsure about the NDIS, how it works, how to apply, or what to do next once you're approved?

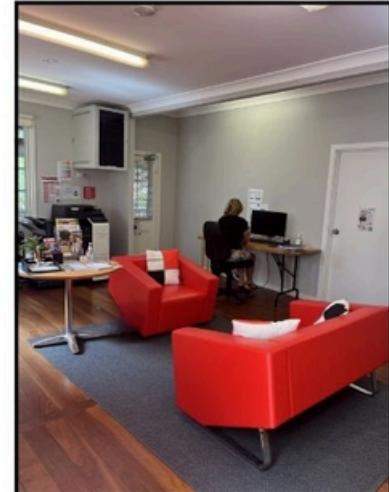
Join our **free** community information sessions on **Monday 17 March** at the Denmark Community Resource Centre.

Choose 10:00-10:45am or 7:00-7:45pm.

RSVP by 16 March via 0410 756 065 or hello@lifetrail.com.au.

Great Southern Universities Centre Student Hub

Studying this semester? The GSS Uni Student Hub is available at the Denmark Community Resource Centre as a welcoming place for **registered students** to study, connect and stay on track. Drop in during Centre hours and make the most of a supportive local space to work.



GSS Study hub - Denmark Community Resource Centre

Denmark Community Foundation Youth Mental Health Service

The Denmark Community Foundation **Youth Mental Health Service** is now running weekly at the Denmark Community Resource Centre **every Wednesday and Thursday** by appointment only. This is a dedicated space proudly brought to Denmark by the dedicated efforts of the **Denmark Community Foundation**, for young people to access support locally.

We are Hiring

Paid traineeship available at the Denmark Community Resource Centre – full position details, selection criteria and how to apply are included.

More information continues on page 4

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denmarkcrc.com.au





Denmark

Community Resource Centre

your local connection

WHAT'S ON THIS EDITION

THU 19th

- MT Barker Pool - Community Bus
- **Free Youth Mental Health Service - CRC**
- **Cuppas & Clicks - CRC**
- Chess - Green Pantry
- **Games Night - CRC**
- Free Parent Workshop - Golden Hill Steiner

THU 26th

- MT Barker Pool - Community Bus
- **Free Youth Mental Health Service - CRC**
- **Cuppas & Clicks - CRC**
- Chess - Green Pantry
- **Games Night - CRC**
- Yoga Foundations - Denmark Yoga Centre

FRI 20th

- Happy Plate - Denmark Dance Co
- **Seniors Activities - Denmark CRC**

FRI 27th

- Happy Plate - Denmark Dance Co
- Yoga Foundations - Denmark Yoga Centre

SAT 21st

- Belle Miners & Jamie Jackett - Denmark Arthouse
- Primordial Notes - Bar Tarifa

SAT 28th

- Workshop - Denmark Yoga Centre
- Authors Talk - Pen & Possibility

SUN 22nd

- Film "Threads of the Journey": Denmark Art House
- Garden Art Workshop - CRC Garden

SUN 1st

MON 23rd

- **BOOK YOUR SPOT ON THE BUS TODAY**
- **Denmark Women in Business Co-Working Space - CRC**

MON 2nd

- **BOOK YOUR SPOT ON THE BUS TODAY**
- **Denmark Women in Business Co-Working Space - CRC**

TUE 24th

- Denmark Badminton - Rec Centre
- Wildly Liberated Workshop - The Sanctuary
- **Coder Dojo - Denmark CRC**
- Swing Dancing - Scout Hall
- Soupy - RSL Hall

TUE 3rd

- **Embroidery Group - CRC**
- Denmark Badminton - Rec Centre
- Wildly Liberated Workshop - The Sanctuary
- **Coder Dojo - Denmark CRC**
- Soupy - RSL Hall
- Swing Dancing - Scout Hall

WED 25th

- **COMMUNITY BUS - ALBANY**
- **Free Youth Mental Health Service - CRC**
- Toddler Art Class - Denmark Art Club
- Community Meditation - Denmark Yoga Centre

WED 4th

- **COMMUNITY BUS - ALBANY**
- **Free Youth Mental Health Service - CRC**
- Toddler Art Class - Denmark Art Club
- Community Meditation - Denmark Yoga Centre

Proudly supported by



Aged 12 to 25 years and need someone in Denmark to talk to? We've got you:



If you want a **safe, private space** to chat about **mental health, stress, relationships, studies**, work or anything else going on, we've got you.

Youth Focus Great Southern is now offering support for those aged 12 to 25 years who can't (or don't want to) access support through the high school or agriculture college.

The support is **provided** right here in Denmark - at the **Denmark Community Resource Centre**. It's completely **free**, with short or no wait times, and it's your choice - come in for a one-off session, or ongoing sessions.

Support is also available for worried friends and family.

Call **Albany headspace** on **9842 9871** to book an appointment. If you're under 18 you can contact them to get things started. If you're 16 and over you can usually consent to your own care.

The support is **proudly funded** by the **Denmark Community Foundation** thanks to a generous gift from the Stan Perron Charitable Foundation.

We're hiring!

We're Hiring: Paid Traineeship Opportunity

The Denmark Community Resource Centre is offering a **paid traineeship** for someone ready to build skills, gain real-world experience, and commit to an **18-month placement**.

If you're looking for a supported pathway into the industry and want to grow your confidence and capability on the job, we'd love to hear from you.

How to apply:

Applications addressing the selection criteria must be submitted to the Manager at the Denmark Community Resource Centre **by 4:00pm Thursday 12 March 2026**.

Apply now:

www.denmarkcrc.com.au

More info: Call **9848 2842**

Confused about NDIS? Free Community Information Session



If you're feeling unsure about **how the NDIS works**, where to start, or what your next steps are, this session is for you.

Join us at the Denmark Community Resource Centre for a free, practical community information session designed to help you feel more confident navigating the NDIS, whether you're just beginning or already approved.

Date: Monday 17 March

Location: Denmark Community Resource Centre,
2 Strickland Street

Choose a session time:

- Session One: 10:00am – 10:45am
- Session Two: 7:00pm – 7:45pm
-

What we'll cover:

- A clear overview of how the NDIS works
- What you need to do to get started and access the NDIS
- What to do if you're already on the NDIS but can't find supports
- Q&A time to ask questions relevant to your situation

Bonus: There are 3 x free 15-minute one-on-one chats available after the session (limited spots).

Facilitator: Didier Monot (Local mentoring practitioner)

RSVP by: 16 March

**Book your place: 0410 756 065 or
hello@lifetrail.com.au**



GSS Uni space at Denmark Community Resource Centre

Studying & Living in Denmark? GSS Uni are here to help

Studying at Uni or TAFE and living in the Great Southern? The Great Southern Universities Centre is here to help you access and succeed in higher education while staying in your regional community.

When you register, you'll get **free 24/7 access** to campus-style Study Hubs right here at the Denmark Community Resource Centre (GSS Uni Hub)—a quiet, supportive space set up for study success.

You'll have **access to free internet and Wi-Fi, computer facilities, printing, and local 1:1 student support** plus skills development to help you stay on track.

It's also a great way to feel connected and study alongside a welcoming community of other local students.

If you're studying a Certificate III or higher with any Australian provider, **you can register for free here:**

<https://www.gsunicentre.edu.au/register-1>



Department of
Education



LOOKING TO WORK IN A SUPPORT ROLE AT A SCHOOL?

Don't know where to start?

Attend our **FREE 1 HOUR WORKSHOP**

on how to apply

At the Denmark CRC

Wednesday 11th March

2PM-3PM

RSVP: Wednesday 4th March

9848 2842

AFTERNOON TEA PROVIDED.

Proudly supported by



Department of
Primary Industries and
Regional Development





Thank You to the Denmark Lions Club

Rob Woods, Petra Thompson, Murray & Shari Bolitho

We'd like to extend a heartfelt thank you to the Denmark Lions Club for their generous support through community vouchers and their ongoing commitment to supporting people and projects across Denmark.

The Denmark Lions Club has been serving our community for **52 continuous years**, and they're currently **keen to welcome new members**.

What the Denmark Lions Club is Currently Working on:

One of the Lions Club's biggest current projects is working towards re-establishing their clubrooms after losing their lease at the Station Masters building in the Railway Heritage Precinct.

They now hold a 21-year shared lease on the same site, **behind the Men's Shed**, and have a vision to building a fit for purpose clubroom that has a railway replica facade that enhances the Railway Heritage Precinct.

The shed is almost complete and electricity has recently been connected – an exciting milestone. The next stages of the project are dependent on securing grant funding, which will determine when permanent clubrooms can be built.

Alongside this major project, the Denmark Lions Club continues to give back to the community in many meaningful ways, with a strong focus on supporting young people and local initiatives, including:

- Supporting Outward Bound programs
- Supporting the STS Leeuwin sailing program
- Contributing \$1,500 per year to the Denmark Primary School robotics program
- Supporting Denmark Senior High School High Achiever Awards
- Supporting Gutsy Girls youth programs

- Supporting initiatives that assist people experiencing homelessness (now in its second round, with hopes to continue into the future)
- Financial support to local high school students who demonstrate strong community spirit, helping them to pursue opportunities that benefit both themselves and the wider community.

This generous **donation** will go directly to the Denmark Community Resource Centre **Emergency Relief Fund**, helping provide food, essential items and vouchers for local individuals and families during times of hardship. Your support ensures timely help, delivered with dignity and care.



Interested in joining?

If you're looking for a meaningful way to be part of the Denmark community, Lions is a great place to start – friendly, hands-on, and focused on making a real difference locally.

Contact Rob Woods (President) on 0428 442 376.



MINGLE WITH SINGLES

SATURDAY

14th March

Mingle with Singles is the perfect opportunity to make new connections and meet new people.

Boston's Brewery

- 678 South Coast Highway, Denmark
- 5.30pm - Just find us by our sign on the table
- All ages welcome

More Information and to join our WhatsApp Group :

Proudly supported by



9848 2842

denmarkcrc.com.au

events@denmarkcrc.com.au



DENMARK WOMEN IN BUSINESS

**FREE CO-WORKING
SPACE EVERY
MOINDAY**

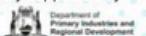
EVERY MONDAY
THROUGHOUT SCHOOL TERM
LOCATION: 2 STRICKLAND ST DENMARK

**Network - Support
Connection**

- Quiet Working Zones
- Chatty Working Zones
- Meeting Zones
- Tea & Coffee
- Free Internet
- Networking Break Times
- Mini Workshops
- Business Coaching

For more information contact us on
9848 2842



Proudly supported by




CoderDojo

TERM 1 Back to Tuesday by demand!

A fun space to explore technology



Make new friends



CoderDojo is a global network of volunteer-led, independent, community based programming club for young people between the ages of 7 & 17

www.coderdojo.com



Tuesdays: 17 Feb, 24 Feb,
3 Mar, 10 Mar, 17 Mar

3:30PM-4.45PM



**Programs used,
but not limited to -**

- **Scratch**
- **Gamemaker**
- **Arduino**



Denmark

**Community
Resource
Centre**

supported by:



Department of
Primary Industries and
Regional Development

Children FREE aged 7 to 17 - Parents Welcome

For further information call 9848 2842
or email reception@denmarkcrc.com.au

Proudly supported by



SENIOR'S ACTIVITIES

Seniors Activities - Every Fortnight

10AM - 12PM

2 Strickland St, Denmark

Come along to the Denmark Community Resource Centre for a relaxed, friendly morning designed especially for seniors.

Enjoy light, fun activities, a cuppa, a chat, and a chance to connect with others in the community — no pressure, just good company.

Hosted by the amazing Michelle Randle

**Community Bus available
(bookings essential):
If you need a lift, we'd be
happy to pick you up and
bring you home.**

**Next Session
20th Feb**



Get in touch



Call To Find Out More
9848 2842



Visit Our Website
denmarkcrc.com.au



Confused about NDIS?

Free Community
Information Session

MARCH 17TH

Denmark Community Resource Centre
2 Strickland Street



Session One:
10am to 10:45am

Session Two:
7pm to 7:45pm

RSVP – 16TH March

One hour group discussion.

Clear, practical conversation
about:

- How The NDIS works
- What do I need to get on the NDIS
- I'm **already on the NDIS**, I don't know what to do next, I can't find supports
- Any questions

BONUS 3 × FREE 15-minute one-on-one chats available at the end of the session (limited spots)

Facilitated by Didier Monot
Local mentoring practitioner

To reserve your spot please contact:

📞 0410 756 065

✉️ hello@lifetrail.com.au

Repair Cafe

Volunteer Call out

Are you handy, a fixer, a tinkerer or have a trade up your sleeve?



Your skills
can save the
day.



Be a local
repair hero.



Help repair,
reduce, reuse



Give back to
community



**More
Information**

9848 2842

denmarkcrc.com.au



Local Events

FREE Parent Workshop in Denmark

Holistic, Natural Practices to Help Promote Positive, Beneficial Behaviour

with Tammy-Anne, 'The Mind-Brain Lady' & Todd, 'The Mindful Man'
For all Parents, Carers & Educators (teens welcome too)



When & Where

Golden Hill Steiner School
In the Hall
Date: Thursday 19th February
Time: 9:30am- 11:30am
REGISTRATIONS ESSENTIAL



What to Expect

Parents will leave this workshop feeling confident in how they can use music, breathing, movement, nature, gratitude, mindfulness, role-modelling & specific feedback phrases every day, to help their children & teens manage their emotions - in the moment, as they happen.

****REGISTRATIONS ARE ESSENTIAL - To register, go to:**

www.abovebeyondeducation.com/denmark/



Supported by
Government of Western Australia
Department of Communities

Parenting
Connection WA

Wanslea

act belong commit



Wildly Liberated

WOMENS EMPOWERMENT

DROP IN'S WELCOME & CONCESSION AVAILABLE

EVENT DETAILS

TERM 1 - 7 WEEK WORKSHOP

START- 17TH FEBRUARY

FINISH- 31ST MARCH.

3:30PM-5PM

LOCATION:

THE SANCTUARY
NEXTTOTHEHIGHSCHOOL

FUN WORKSHOPS
REAL TALKS ABOUT PERIODS,
EMOTIONS, BOUNDARIES AND
SELF-LOVE.

LEARN HOW TO FIND YOUR VOICE

Girls age 12+
Rites of passage
Mental health
&
Empowerment
support

KIEANA
0459939454














DENMARK ARTS
LIVE MUSIC

Belle Miners & Jaime Jackett







Doors & bar open 6pm



SATURDAY FEB 21 @ the ArtsHouse 6.30-9.30PM

TIX FROM \$20

SOULFUL HARMONIES | FOLK | POP

2A Strickland St | denmarkarts.com.au



SATURDAY 21 FEBRUARY

THE PRIMORDIAL NOTES
BAR TARIFA

Send us your events in a PNG or JPEG format to events@denmarkcrc.com.au

Local Events

DENMARK COMMUNITY GARDEN
MONTHLY COMMUNITY GARDEN WORKSHOP + VEGE SWAP
MONTHLY GARDEN GROUP SOCIAL EVENT / OUTING

Garden Art Workshops with Karlee

Come along to these Green Skills Workshops with Karlee Bertola with a focus on mosaics, murals, installations.

Workshop Sessions
1pm – 4pm Sundays on

- 15 February 2026
- 22 February 2026
- 8 March 2026

Meet at the Denmark Community Garden at the rear of the Denmark CRC,

FREE (By Donation recommended \$15)

Reservations Essential: Book your place with
Basil 0429481019
bschur@greenskills.org.au
Karlee 0427570829
karlee.bertola@gmail.com

Supported by



Reclaim the Void
Film launch & panel discussion



“Threads of the Journey” (26 mins film)

Followed by a conversation with
Vivienne Robertson (creative director)
Nic Duncan (photographer)
and Teresa Ashton Graham (filmmaker)
Facilitated by Vali Wood

Plus a performance by Weaving Women+Femmonics

Denmark Artshouse | Sunday 22 February 2026, 5.00pm
Entry by donation, nibbles provided

PEN & POSSIBILITY
PRESENTS
AUTHORS TALK!

Join us for a cosy chat with a local author at the Pen and Possibility Studio on the last Saturday of every month.

Saturday 28th February, 2-3.30 pm

Roger Guinery, author of *Miss Blessings* & editor of *Voices of the South*.

Join Roger to talk about his experiences with self-publishing a “faction” novel and to discuss his process of editing and publishing the anthology collection of *Voices of the South* every year.

Limited Spots, afternoon tea included
Booking Required - only \$5
Drop into Pen and Possibility or email: smw@penandpossibility.com.au



**FREE PARENT-CHILD WORKSHOP
ONLY 11 SEATS AVAILABLE**



Parent & Child Workshop – ‘Home and Safety’
Thursday, 5th March | 9-11am
Location: Denmark Art Club
(Cnr Short Street and Mitchell Street)

Join us for a fun and meaningful Parent and Child workshop focused on Home and Safety. Enjoy decorating a funky fairy house with your child while taking part in a guided discussion based on the principles of the Protective Behaviours program.

This hands-on session encourages creativity, connection, and conversations that help build a strong sense of safety for children and families.

Bookings essential. Limited numbers.
Contact Kendel - 0407 192 254



Supported by

Send us your events in a PNG or JPEG format to events@denmarkcrc.com.au

Local Events

GROW YOUR OWN!
2-DAY INTENSIVE EDIBLE MUSHROOM GROWING WORKSHOP

COURSE INCLUDES:

- HAND-ON LEARNING
- GROWING KIT TO TAKE HOME
- CULTIVATION TECHNIQUES
- SUBSTRATE PREPARATION
- HARVESTING SECRETS

FEBRUARY 9 - FEBRUARY 10 **Tickets \$200**
FEBRUARY 14 - FEBRUARY 15 **MARCH 7 - MARCH 8**
+61 492 863 808 / +61 455 222 830
MORE DATES COMING SOON

CAMPING WELCOME!
 STAY ON-SITE
 NATURE IMMERSION
 25 MIN FROM DENMARK (WA)

THE GRAY BROTHERS

WA TOUR

FEB/MAR	NANNUP	NANNUP MUSIC FESTIVAL
MAR 4	PERTH	SONGWRITERS CAFE
MAR 6	MARGARET RIVER	THE RIVER ▾
MAR 7	BRIDGETOWN	WILLOW WHISPERS *
MAR 8	DENMARK	SCOTSDALE HALL ▾

* SUPPORTING ALEX LLOYD ▾ WITH THE PRIMORDIAL NOTES

KANGAROOS WITH MACHINE GUNS

AND WANITA
 AUSTRALIA'S QUEEN OF HONKY TONK

WITH SPECIAL GUEST
TREVVA
 FROM ARCHER AND TREVVA'S BOOK OF IDEAS

DENMARK ARTSHOUSE

SAT 14 MARCH

denmarkarts.com.au

WENDY BINKS

ELEPHANT *dreaming*

A COLLECTION OF ORIGINAL ARTWORKS

14 MAR 2026
 TO
 01 MAY 2026

DENMARK VISITOR CENTRE
 73 SOUTH COAST HWY, DENMARK
 MONDAY - SATURDAY
 9:30AM - 3:30PM

Send us your events in a PNG or JPEG format to events@denmarkcrc.com.au

Local Events

Funded by:

Government of Western Australia
Department of Communities

**YOUTH WEEK
WA 10-16 April 2026**

DENMARK ARTS

**YOUTH ARTS MARKET EOI
GET INVOLVED!**

Are you aged 10-25 and creating handmade products?
Apply for a stall at our Youth Week Arts Market.

We are also looking for a young person (18-25) to join us
as a paid Youth Event Support.

Showcase your creativity. Build skills. Be part of it.
Register your interest: programsdenmarkarts.com.au

COMMUNITY * MEDITATION

WEEKLY DROP-IN CLASS FOR ALL PEOPLE TO
EXPERIENCE & GROW THEIR MEDITATION PRACTICE.

1 HR: 10 MINS INSTRUCTION + 40 MINS SIT + 10 MINS DISCUSSION



DURING SCHOOL TERMS
WEDNESDAYS

4 - 5PM

WITH EMMA, EVA & KRIS

*DONATION-BASED CLASS

DENMARK YOGA CENTRE

TERM 1 - FEBRUARY 4TH - APRIL 1ST

**DENMARK ART CLUB
TERM 1 STARTS FEB 2
0407 192 254**

MON
3.15-4.15 Mixed Class (Great for siblings)
4.30-5.30 Teen class

TUE
3.15-4.15 Lower primary class
4.30-5.30 Kids Additional Needs Class

WED
9.00-10.00 Toddler classes
3.15-4.15 Mixed Class (great for siblings)
4.30-5.30 Middle/Upper Primary

THUR
3.15-4.15 Lower Primary
4.30-5.30 Upper Primary/High School

FRI
9.30-11.30 Additional Needs Adult Class

**DENMARK
ART CLUB**

**TODDLER CLASSES!
WEDNESDAYS
9.00-10.00**
**COME GET CREATIVE
WITH YOUR LITTLE ONES
WHILE MEETING OTHER
PARENTS AND MAKING
NEW FRIENDS.**

**CONTACT KENDEL
0407 192 254**

Send us your events in a PNG or JPEG format to events@denmarkcrc.com.au

Local Information



DFES
Department of Fire and
Emergency Services

What you can and can't do on a Total Fire Ban day

What is a Total Fire Ban?

We declare a Total Fire Ban on a day when a fire is most likely to spread rapidly (because of extreme fire weather) or if there are already widespread fires and we don't have the resources to fight more. The lighting of open-air fires or any other activity in the open air that is likely to cause a fire is banned.

Total Fire Bans affect everyone

Every Western Australian is affected including farmers, campers, construction workers and residents in both urban and rural areas. So, make sure you carefully read this document, and if you need more information or advice call the TFB Hotline on 1800 709 355.

There are penalties if you ignore a Total Fire Ban

If you ignore a Total Fire Ban, you may receive an infringement of \$1,000. And if it's a serious breach, you may receive a penalty of \$25,000 and/or be jailed for 12 months.



Barbecuing or cooking outdoors

You cannot use any BBQ or cooker (including Webers) that require solid fuel:

- Wood
- Charcoal
- Heat beads
- Briquettes

You can use a gas or electric BBQ or cooker, if:

- It's a permanent BBQ in a public picnic area
- You use it in a public space within the sign posted BBQ area
- It's at or in your home
- It has an enclosed flame
- You clear all material that could burn within a 5m radius around it.

** DFES recommends you have an immediate water supply near by.

** DFES recommends the activity is always attended by a responsible adult.

Gas and electric barbecues with an enclosed flame are allowed as long as you take precautions.



Do not throw a burning cigarette, cigar or match into an area that may catch alight, including from a vehicle.

In the open-air activities which involve fire, or which may cause a fire, are not allowed, you cannot:

- Light a campfire
- Burn leaves, garden waste or grass cuttings
- Use an incinerator
- Use a fire pit
- Use a grinder, welder or undertake any other 'hot work' (there are exceptions for businesses)
- Use fireworks
- Operate a hot-air balloon
- Use a BBQ that uses solid fuel (see BBQ section for more)
- Use an outdoor wood-fired pizza oven or stove.

You can use tools inside your shed if it is fully enclosed on all sides (i.e. has a door, four walls and a roof), so sparks don't blow outside.

In any area on which there is vegetation (off-road), you cannot use equipment powered by an internal combustion engine including:

- A chainsaw or lawn mower	- A car
- A plant trimmer or grass trimmer	- A tractor
- Bobcats, excavators, bulldozers (or any other similar machines)	- A motorbike
	- A quad bike
	- A dune buggy
	- A generator

Some activities can continue during a Total Fire Ban if the activity is being carried out in relation to work for a business, a public authority, or as part of an agricultural activity. For information visit dfes.wa.gov.au/totalfirebans

Undercover areas such as patios, pergolas and huts that are open or partially open, are considered to be open-air.

Help us make WA a safer state. Check if there's a Total Fire Ban today at emergency.wa.gov.au | FOR A SAFER STATE

Looking after your farm

The immediate welfare of your animals, such as urgent watering and feeding, has an automatic exemption.

If you're a farmer, you can:

- Harvest your crop
- Feed or water your stock in a paddock
- Operate or move an aeroplane or helicopter

This is assuming that a Harvest and Vehicle Movement Ban has not been declared by your local government. You must also check with your local government if you need any fire suppression equipment.

If you conduct any of the above activities, you must ensure:

- Your vehicle is mechanically sound
- The exhaust system is in good condition (free of gas leaks and/or has a well-maintained spark arrester)
- That all reasonable precautions have been taken to prevent a bushfire starting

Total Fire Ban and a Harvest and Vehicle Movement Ban

If both a Total Fire Ban and a Harvest and Vehicle Movement Ban are in place, you cannot use a vehicle, equipment or machinery that's powered by an internal combustion engine on land covered by bush, crop, pasture or stubble (vegetation).

Aeroplanes and helicopters must also have:

- A firebreak around the area of the landing ground
- At least 150L of water in a suitable container and a fire extinguisher at the landing site

We can cancel bans if weather conditions improve. If you think that might be the case, just check emergency.wa.gov.au

Check if there's a Total Fire Ban in place today by:

- Visiting the Emergency WA website (emergency.wa.gov.au)
- Calling 13 DFES (133 357)
- Calling the TFB Hotline 1800 709 355
- Following DFES on Twitter

For more information on Total Fire Bans, visit dfes.wa.gov.au/totalfirebans

The information contained in this material is provided voluntarily as a public service by the Department of Fire and Emergency Services (DFES). This material has been prepared in good faith and is derived from sources believed to be reliable and accurate at the time of publication. The Department of Fire and Emergency Services (DFES) does not accept any responsibility for the timeliness, accuracy and completeness of the information contained in this material. The information contained in this material is not a substitute for professional advice and should not be relied on as such. The information contained in this material is not a substitute for professional advice and should not be relied on as such. This publication is intended to be a guide only and viewers should obtain their own independent advice and make their own necessary inquiries. Date of publication December 2016. Last reviewed 12 February 2017.

Local Information



Get up to \$500 for education costs

For every dollar you save, you'll get a dollar from ANZ to spend on educational costs, up to \$500.

To join, you need to meet all of these requirements:

- ✓ Be 18 years or older
- ✓ Have a current Health Care or Pensioner Concession Card
- ✓ Be in receipt of an eligible Commonwealth social security benefit, allowance or payment
- ✓ Have a child in school, starting school next year, or be studying yourself
- ✓ Get a regular income (can be you or your partner)
- ✓ Agree to join in free online financial education workshops



saverplus.org.au
1300 610 355



Accidental Counsellor Workshop

The Accidental Counsellor Workshop is a practical training program designed to equip individuals who find themselves supporting individuals in distress. The workshop teaches participants how to recognise when someone is in distress, respond with empathy and confidence, and

refer them to appropriate professional support. Through interactive discussions, participants develop the ability to remain calm, listen effectively, and provide immediate, compassionate assistance - without taking on the role of a professional counsellor.

Modules covered:

- What is an Accidental Counsellor
- Communication and Listening Skills
- Recognising common communication blockers
- Understanding different emotions and their impacts on our communication
- Overview of mental illness, mental wellbeing, and suicide awareness, and strategies on how to support others
- The importance of personal and professional boundaries
- The importance of self-care, for ourselves and those we are supporting



REGISTER HERE

Wheatbelt Mid West Goldfields Great Southern South West
The Community Wellbeing Program is funded through the Australian Government's Sheep Industry Transition Assistance Package and administered by the Department of Primary Industries and Regional Development.



Future Drought Fund's Communities Program

Lead Your Region's Future. Join the First Five.

The Australian Rural Leadership Foundation (ARLF), in partnership with the Foundation for Rural & Regional Renewal (FRRR), is seeking five exceptional individuals from each of 12 selected regions to become the foundational leaders of the Impact Leadership Program.

A leadership journey shaped by local context for all sectors of the community to build regional capacity. The program develops leaders who can bring people together to address challenges, create opportunities and guide communities through change. The program focuses on people, place and leadership that makes a real difference on the ground, helping communities be ready not just respond.

At the heart of this work is the First Five participants.

Your Role in the Impact Leadership Program

As part of the First Five you are the catalyst for a ripple effect in your region. Your commitment includes:

- **Facilitating Change**
Use your new skills to help deliver a local Networked Leadership Program for people in your community.
- **Learning & Immersing**
Participate in 15 days of learning and development; some in-person and some online. Attend the National Impact Forum with other rural leaders, to focus on systems leadership, human-centered design and facilitation.
- **Building Capability**
Act as a connector who can bridge different sectors and help your region have better conversations, even when topics are tense or difficult.
- **Hosting Conversations**
Co-host forums that spark genuine collaborative action.

Scan to apply



HOLYOAKE

Whenever you're ready.

Building skills, confidence, connection and wellbeing across agriculture, agribusiness, and rural communities



Free Training & Education

Holyoake now offers targeted mental health training across regional WA as part of the Sheep Industry Transition Assistance Package. Communities can select from one of the following FREE upskilling opportunities:

- Mental Health First Aid course
- Accidental Counsellor workshop
- AgriBalance+ workshop

Facilitated by Jo Drayton, Specialist Training Coordinator



REGISTER HERE

Wheatbelt Mid West Goldfields Great Southern South West
The Community Wellbeing Program is funded through the Australian Government's Sheep Industry Transition Assistance Package and administered by the Department of Primary Industries and Regional Development.

Send us your events in a PNG or JPEG format to events@denmarkcrc.com.au

Events from Further Away

CWA, Albany

SOUP DAY

(FREE)

Next Soup Day is

Friday 20th February 2026

CWA HALL

94 SERPENTINE RD

12.00 PM TO 1.00 PM

Come along and enjoy soup, sandwiches and sweets plus tea and coffee



Contact Anne 0412 937 641



Small Business
Development Corporation
Regional

Ready to GROW?

Join our collaborative *business growth* night class that's low on pressure, but high on breakthroughs.
Presented by Kristen Pyrz-Brown

FEB
24

Tuesday 5.30-7.30pm

Services in your
region provided by:

ALBANY
BUSINESS CENTRE

VALEO COACHING
EXECUTIVE BUSINESS LEADERSHIP



COFFEE & CONNECT

VOLUNTEER INVOLVED ORGANISATION CONNECTION PROGRAM

FEBRUARY: GRANT WRITING 101

Join us each month for a Morning Tea featuring a short info-session or mini workshop on a key topic relevant to volunteer management

- The chance to connect and engage with other organisations.
- Light refreshments

DATE : 25TH FEB 2026
TIME: 10AM-11AM
VENUE:
LOTTERIES HOUSE, NORTH RD

PLEASE NOTE THAT THIS WORKSHOP WILL ONLY PROCEED IF WE RECEIVE SUFFICIENT RSVP'S. KINDLY CALL OR EMAIL TO RESERVE YOUR SPOT. WE'D LOVE TO SEE YOU THERE! P: 9841 3588 OR E: VOLSTAFF@ARVS.ORG.AU

Talk
your
Peace

Words that work in talk that matters



Course Convenors

Mother and daughter team Marg and Rachel are the beating heart of Talk Your Peace. They have learnt over decades of ups and downs that life is all about quality relationships. In this workshop they will share with you how the tools of Nonviolent Communication have kept them together, and how they can help you in the relationships that matter to you.

Marg and Rachel warmly welcome Kate Price to the team.

The Center for
Nonviolent
Communication

Do you long for more ease and balance in your relationships? Join us in this three-day interactive and gentle workshop, suited to both singles and couples. Learn how Nonviolent Communication (NVC) can help you align what you do and say with your core values.

We will explore how to:

- Own what's yours and begin to be kinder to yourself
- Identify language blocks and shift them
- Learn tools to reset when you fall off track
- Unlock clarity and calm
- Experience empathy in both speaking and listening
- Rewire your brain and practise, practise, practise new habits.

This training is designed both for those new to NVC, and those who have previously attended courses who want to deepen their skills. You can apply this training to parenting, intimate relationships, family, workplaces, strangers or your own relationship with yourself.

www.talkyourpeace.com.au

NVC Retreat Kinjarling/Albany 2026

TIME AND DATE: 4pm to 6pm Friday 6 March,
9am to 5pm Saturday 7 March, and
9am to 1pm Sunday 8 March, 2026

WHERE: Torbay, near Albany. Details upon registration.

COST: \$425 per person; \$690 for couples. Payment plans and concession by request. Course notes, morning and afternoon tea and snacks provided. Please BYO lunch on Saturday.

ACCOMMODATION: Contact us for local options in Torbay, Albany and Denmark. Let us know if you need a lift or can offer it.

MORE DETAILS: Email rachel.pontin@gmail.com

REGISTER: www.trybooking.com/DIYEZ



Send us your events in a PNG or JPEG format to events@denmarkcrc.com.au

Events from Further Away



Parenting
Connection WA

Grand Carers' Monthly Morning Tea

First Monday of the Month

We would like to invite you to a free morning tea and connect with other grand carers in the community.

Anglicare WA Financial Counselling will be joining us this month. Erin and Raechel will provide information and assistance with many services you may be eligible for, such as Centrelink, Foodbank, school support and more.

Mon 10:30am - 12.30pm | 9 March 2026
CWA Albany Branch, 94 Serpentine Rd
Please RSVP for catering
Jody 0448 979 059

Supported by




National
Volunteer Week
18-24 MAY 2026
YOUR YEAR TO VOLUNTEER



THE GREAT SOUTHERN VOLUNTEER OF THE YEAR AWARDS

Nominations Now Open 2026

Proudly supported by



SCAN
ME!



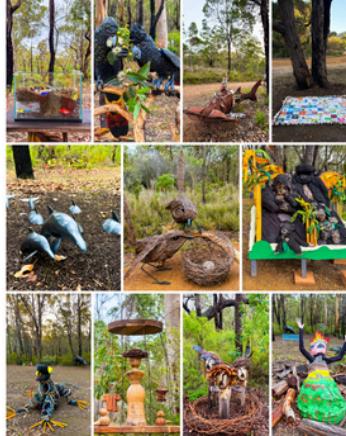
PCA | PORONGURUP
Community Assoc.

ART IN THE PORONGURUP Local sculpture nature trail

3-11 April 2026

Calling all established and emerging artists:
Bring your sculptures to life!

Prize Pool \$7,000 + and growing!



2025 Winners

Art in the Porongurup 2026 welcomes all artists – any background, any experience level!

Bring your creativity to life with outdoor, weather-resilient 3D works and become part of a celebration of nature, community, and creativity.

Exciting prizes will be awarded, including Open Judges, People's Choice, Youth, and School awards. To mark 100 years of Porongurup National Park, two special spot awards will also be presented, supported by the Porongurup Community Association and Healing Hands Wildlife Care:

- Best work celebrating the Porongurups
- Best school/youth work highlighting native wildlife conservation

Start working on your sculpture today!

Entries Close 28 March 2026

Full Terms & Conditions on entry form.
Available on our website.

Visit our website or scan the QR code:
poronguruphall.asn.au/events/art-in-the-porongurup

Email: artintheborongup6324@gmail.com



THE GREAT SOUTHERN VOLUNTEER OF THE YEAR AWARDS

Nominations Now Open 2026

Proudly supported by



WIN 1 of 3

Woolworths/Coles/IGA vouchers
worth \$200 simply by entering the

Amity Health

Communities for Children's
2026 Community Survey

Simply scan the QR code to
complete the survey before
31st March 2026 to go in the
draw to **win!**



Send us your events in a PNG or JPEG format to events@denmarkcrc.com.au

Repeat Events

Weekly event brought to you by the community, for the community
EVERYONE is welcome

Soupy

BYO Bowl & Spoon

RSL Hall
every Tuesday
5-6.30pm

by Donation

Denmark Homegrown
IGA LOCAL GROCER
Denmark Community Resource Centre

DENMARK BADMINTON CLUB INC.

Venue: Denmark Recreation Centre
Phone: 98480344

Social Badminton: (All Year)
Tuesday 9:30am - 11:30am
For further information contact, Mo on 0409411066

Club Badminton:
April to October
Saturday 8:30 - 11am
Wednesday 5:30pm - 8:15pm
For further information contact, Des on 0424309245

Denmark
Community Resource Centre
Your local connection

EMBROIDERY CLUB

1st and 3rd Tuesday
of the month

9.30am-2pm

Denmark Community
Resource Centre
2 Strickland ST

Contact Deb 0439 299 110
for more information

Proudly supported by
Department of
Primary Industries and
Regional Development

LESSON + SOCIAL DANCING

Scout Hall

6.30 - 7.30pm: Swing Lesson
7.30 - 8.30pm: Social Dancing

Cost: \$10

DENMARK

Swing Dancing

EVERY TUESDAY NIGHT

Andrew Kowald - 0417 930 497

Repeat Events

CUPPAS & CLICKS

JOIN US AT THE DENMARK CRC EVERY THURSDAY 10AM-11AM



Would you like to feel more confident & safe online?
Want to build your digital skills?
Free program - Call for more information 98482842

Denmark Community Resource Centre
Department of Primary Industries and Regional Development
www.beconnected.esafety.gov.au

CHESS



Green Pantry

Every Thursday 11am to 1pm
All levels welcome
Come and check it out!

Contact Robin on 0410565567 or denmarkchessclub@gmail.com

Denmark Community Resource Centre & **TINY TREASURES** OF DENMARK

invites anyone and everyone to

GAMES NIGHT



Every Thursday from 7pm onwards

Denmark Community Resource Centre
Garden Room - 2 Strickland St

Learn a new game or bring your favourite!
Children 16 must be accompanied by a responsible adult.

Denmark Community Resource Centre
Department of Primary Industries and Regional Development

DENMARK DANCE COMPANY
EVERY FRIDAY EVENING
ALL SUMMER LONG

HAPPY PLATE KITCHEN



playful & flavourful
MIDDLE-EASTERN INSPIRED FEAST
GRASS-FED MEATS
VEG / GF OPTIONS AVAILABLE
TAKEAWAY + FROZEN MEALS
READY TO PURCHASE
PICNIC VIBES
BRING A BLANKET
YOUTH ARTISTS
+
LIVE MUSIC

DENMARK DANCE COMPANY STUDIOS
MCLEAN PRECINCT
45 BRAZIER ST

Send us your events in a PNG or JPEG format to events@denmarkcrc.com.au

CHECK US OUT



SCAN ME



SCAN ME



To share your event in The Guide, please email your portrait
A4 poster (JPEG or PNG format)
to
events@denmarkcrc.com.au



Denmark
Community Resource Centre
your local connection



Proudly Supported by
Department of
Primary Industries and
Regional Development

OUR VALUES

INCLUSIVITY

We create a welcoming, non-judgmental space where everyone feels valued.



COLLABORATION & ENGAGEMENT

We work together to create opportunities for participation and involvement



SUPPORT & ACCESSIBILITY

We go above and beyond to support & assist those in need



COMMUNITY CONNECTION



We build strong, meaningful relationships within our community

ADAPTABILITY & INNOVATION



We embrace change and seek out new ways to address challenges



Denmark

Community Resource Centre

Your local connection

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