

# Worried About Your Memory?

Denmark WA  
Wednesday 22 April 2026

This session provides information on memory and common changes that may occur with ageing. It provides strategies for improving memory, when to seek help about your concerns and services provided by Dementia Australia.

Dementia Australia's facilitators have specialist knowledge, skills and experience.

**Suitable for:** Members of the general public who are concerned about their memory and dementia or who are worried that someone they know may have dementia.



**When:** Wednesday 22 April 2026  
10am-12noon, 2 hours

**Where:** Denmark Community  
Resource Centre  
2 Strickland St  
Denmark WA 6333

**Cost:** Free

**Additional information:**  
Bookings are essential.

## Find out more

Please contact Client Services on 08 9225 4094 or  
email [wa.booking@dementia.org.au](mailto:wa.booking@dementia.org.au)  
Book on: <https://tinyurl.com/7hwevrtd>

This program and the National Dementia Helpline are funded by the Australian Government.

National Dementia Helpline **1800 100 500**

Find us online **[dementia.org.au](https://dementia.org.au)**



For language assistance  
call **131 450**