

Denmark Community Guide

We Support, Empower and Engage our Community

17th - 30th May 2024 Issue #289

Repair Cafe
4th May!

SATURDAY 18 MAY TOUR GUIDE COURSE



LEARN HOW TO LEAD
GROUPS OF VISITORS
IN ALBANY

SCAN THE QR
CODE TO APPLY

!!ATTENTION NBN FIXED WIRELESS USERS!!



THERE WILL BE SCHEDULED
OUTAGES OVER THE NEXT
FEW MONTHS AS TOWERS
ARE BEING UPGRADED.

THE UPGRADES WILL
PROVIDE FASTER SPEEDS
AND EXTEND THE
COVERED OF THE NBN
NETWORK.

Legal Info Session: Family Violence and the Law

- Join Southern Aboriginal Corporation for a Legal Info Session on Family Violence and the Law on **Monday 20th May from 10am-12pm** at the Denmark Community Resource Centre.
- Come in for a cuppa and a yarn in a safe space- FREE legal education, all welcome!
- RSVP or for more info call 9842 7777.

Seniors Community Meeting

- Are you an older Denmarkian?
- Join us at Denmark Civic Centre on **22nd May from 10am-11.30am** to have your say and help set the priorities for a thriving seniors community action plan.
- Book your FREE ticket by heading to <https://events.humanitix.com/thriving-seniors/tickets>.

Cancer Council Morning Tea Platters

- Join us for Cancer Council Australia's Biggest Morning Tea at Denmark Riverside Club on Wednesday **May 22nd from 10 am to 12 pm**, for a morning filled with delicious treats and conversation in support of a great cause.
- Can't make it in person? No worries!
- The Biggest Morning Tea is offering a delivery service for morning tea platters- \$10 per person which will get you 3x pieces of food (cakes, sandwiches) and 2x tickets in the money board.
- All proceeds go to the Cancer Council.*

Wise Up, Rise Up Against Elder Abuse

- Mark your calendars for the **13th of June, starting at 11am**, at the Denmark Community Resource Centre.
- From 11am to 12pm, Irene Montefiore will help you establish preferences for lifestyle and healthcare as you age and briefly touch on Advance Care Planning.
- Enjoy a complimentary lunch while chatting with Christine from AdvoCare. She will provide insights into your aged care rights, navigating the aged care system, accessing necessary services, and protecting yourself through forward planning.
- Feel free to stay for the entire session or drop by for a short visit. Enjoy a free lunch and learn how you can take a stand against elder abuse.
- Please RSVP by the 7th of June by calling 9848 2842. See you there!**



99.7

DENMARK
FM



www.denmarkcrc.com.au/events



Need some tech help?

Be Connected

Join Be Connected, a FREE program designed for individuals over 50. Appointments are available with Gail on Mondays, Tuesdays and Wednesdays between 12 and 4pm.

Be Connected helps to empower older Australians by enhancing their confidence, digital literacy, and online safety.

Additionally, keep an eye out for our Be Connected webinars featured in the upcoming Guides.

Topics include, but are not limited to:

- Mobile phones, tablets and desktops
- Apple and Android
- Internet, Wi-Fi and Data

Tech Bytes

Have you got a tech issue that's causing you frustration and eating up your valuable time?

Let our experienced IT staff at the CRC come to your rescue!

Tech Bytes are available from Wednesday to Friday, and offer solutions personalised to suit your needs.

For \$36 per half-hour session, Tech Bytes is your solution to tech troubles. Say goodbye to headaches and hello to hassle-free tech support!



Email your event information to
events@denmarkcrc.com.au

Submissions to be received by
4pm Tuesday



**Denmark
Community Resource Centre**
www.denmarkcrc.com.au

98482842



Friday May 17th

Denmark Bridge Club
1pm @ Karri Mia Function
Centre Mt Shadforth Rd,
Denmark
Ph: Michelle 0408094730

Live Music / Pick a Box

The Denmark Hotel
5:30pm @ 36 Hollings Road
Denmark
Ph: 0461 321057

The Salty Sea Dogs

Bar Tarifa
6pm @ Strickland Street
Denmark

Karaoke

The Denmark Tavern
8pm @ 135 South Coast Hwy
Denmark
Ph: 98481084

Saturday May 18th

Indoor Markets
8am @ Denmark Scout Hall
McLean Park
Brazier Street, Denmark

Sunday May 19th

**Mahayanna Buddhist
Meditation**
10am @ Garden Room
Denmark Community Resource
Centre
2 Strickland Street, Denmark

BSWA Meditation

4-6pm @ Garden Room
Denmark Community Resource
Centre
2 Strickland Street, Denmark

Kwoorabup Markets

9am @ Denmark Senior High
School
956 South Coast Hwy Denmark
Ph: 0493510470

Monday May 20th

Denmark Bridge Club
1pm Karri Mia Function Centre
Mt Shadforth Rd, Denmark
Ph: Carole on 0417897659

Karen Cussons Pilates

8:45am @ Denmark Community
Resource Centre: Garden Room
2 Strickland St, Denmark
Ph: Karen 0418927045

Tuesday May 21st

Denmark Write People
5:30pm @ Training Room A
Denmark Community Resource
Centre
2 Strickland St, Denmark
Ph: 9848 2842

Yoga with Lyndal

5pm @ Garden Room
Denmark Community Resource
Centre
2 Strickland St, Denmark
Ph: Lyndal 9848 2730

Soupy

Community Soup Kitchen
5pm-6:30pm @ Denmark RSL
Hall, 56 Strickland St, Denmark
BYO Dishes

Trivia Night

The Denmark Hotel
6:30pm @ 36 Hollings Road
Denmark
Contact to RSVP
jared@hotelidenmark.com.au

Swing Dancing

7pm Swing D Lesson /
8pm Social Dancing @
Denmark RSL Hall
Ph: Andrew 0417930497

Denmark Bridge Club

6:50pm @ Denmark Community
Resource Centre: Garden Room
Ph: Jo on 9848 2035

Wednesday May 22nd

Coder Dojo
3:30pm @ Training Room A & B
Denmark Community Resource
Centre
2 Strickland Street, Denmark
Ph: 9848 2842

Afterschool Hangout Space

3-5pm @ Garden Room
Denmark Community Resource
Centre
2 Strickland St, Denmark
Ph: 9848 2842

Yoga with Lyndal

5:30pm @ Denmark Community
Resource Centre: Garden Room
Ph: Lyndal on 9848 2730

Thursday May 23rd

Denmark Bridge Club
9am @ Karri Mia Function
Centre Mt Shadforth Rd,
Denmark
Ph: Dale on 0447299451

Yoga with Lyndal

11am @ Denmark Community
Resource Centre: Garden Room
Ph: Lyndal on 9848 2730

Games Night

7pm @ Garden Room Denmark
Community Resource Centre
Ph: Jenny on 9848 2723

Friday May 24th

Denmark Bridge Club
1pm @ Karri Mia Function
Centre Mt Shadforth Rd,
Denmark
Ph: Michelle 0408094730

Live Music / Pick a Box

The Denmark Hotel
5:30pm @ 36 Hollings Road
Denmark
Ph: 0461321057

Karaoke

The Denmark Tavern
8pm @ 135 South Coast Hwy
Denmark
Ph: 98481084

Saturday May 25th

G-Train Swing Jazz Band
6pm Swing Dance Lessons
7pm - Late Swing Jazz Band
@ Denmark Country Club
All Ages, Tickets \$25, Under
18's Free, Bar, Platters
available pre-order via club

Giveback Getdown

FarmRaiser Party
4pm @ Walpole Rec Centre
Live music, food and community
spirit. Book online or phone
9840 1395

Sunday May 28th

Kwoorabup Markets
9am @ Denmark S High School
956 South Coast Hwy Denmark
Ph: 0493510470

Mahayanna Buddhist Meditation

10am @ Garden Room
Denmark Community Resource
Centre
2 Strickland Street, Denmark

BSWA Meditation

4-6pm @ Garden Room
Denmark Community Resource
Centre
2 Strickland Street, Denmark

Denmark Chess Club

3pm @ Training Room B
Denmark Community Resource
Centre
Ph: Alasdair 0409229918

Monday May 27th

Karen Cussons Pilates
8:45am @ Garden Room
Denmark Community Resource
Centre
2 Strickland St, Denmark
Ph: Karen 0418927045

Denmark Bridge Club

1pm @ Karri Mia Function
Centre Mt Shadforth Rd,
Denmark
Ph: Carole on 0417897659

Tuesday May 28th

Yoga with Lyndal
7am @ Denmark Community
Resource Centre: Garden Room
Ph: Lyndal on 9848 2730

Soupy

Community Soup Kitchen
5pm-6:30pm @ Denmark RSL
Hall, 56 Strickland St, Denmark
BYO Dishes

Trivia Night

The Denmark Hotel
6:30pm @ 36 Hollings Road
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Contact to RSVP
jared@hotelidenmark.com.au

Swing Dancing

7pm Swing D Lessons /
8pm Social Dancing @
Denmark RSL Hall
Ph: Andrew 0417930497

Denmark Bridge Club

6:50pm @ Denmark Community
Resource Centre: Garden Room
Ph: Jo on 9848 2035

Wednesday May 29th

CWA Craft Day
10am - 11am @ CWA Hall
9 Mitchell St, Denmark
Ph: Judy 0448 971 333

Coder Dojo

3:30pm @ Training Room A & B
Denmark Community Resource
Centre
2 Strickland Street, Denmark
Ph: 9848 2842

Yoga with Lyndal

5:30pm @ Denmark Community
Resource Centre: Garden Room
Ph: Lyndal on 9848 2730

Afterschool Hangout Space

3-5pm @ Garden Room
Denmark Community Resource
Centre
2 Strickland St, Denmark
Ph: 9848 2842

Thursday May 30th

Denmark Bridge Club
9am @ Karri Mia Function
Centre Mt Shadforth Rd,
Denmark
Ph: Dale on 0447299451

Yoga with Lyndal

11am @ Denmark Community
Resource Centre: Garden Room
Ph: Lyndal on 9848 2730

Games Night

7pm @ Garden Room
Denmark Community Resource
Centre
2 Strickland St Denmark
Ph: Jenny 9848 2723

Denmark Chess Club

6pm @ Training Room A
Denmark Community Resource
Centre
2 Strickland Street, Denmark
Ph: Alasdair 0409229918

A Big Thank You to Denmark Cottage Crafters



Left to right: Penny Roberts, Linda Rorke, Petra Thompson, Ian Rorke,
Louise Hoskins, Chris O'Callaghan

We extend our thanks to Denmark Cottage Crafters for their incredibly generous donation of \$1000 to the Food Pantry run by Denmark Community Resource Centre.

At the CRC we support an average of 8 to 12 families each week, in addition to our commitment to the Denmark Homeless Project. This amazing donation will greatly assist us in buying food and other products for our food pantry, enabling us to provide essential sustenance to these families.

Thank you, Denmark Cottage Crafters. Your donation is greatly appreciated.

Local Events



Wednesdays TERM 2

3.30pm-5pm

1st May

8th May

15th May

22nd May

29th May

Programs used,
but not limited to:

Scratch
Gamemaker
Arduino

A fun space to
explore technology



Make new friends



CoderDojo is a global network
of volunteer-led, independent,
community based programming
club for young people between
the ages of 7 & 17
www.coderdojo.com

Children **FREE** aged 7 to 17 - Parents Welcome

For further information call 9848 2842
or email registration@denmarkcrc.com.au

The HANGOUT

Wednesdays 3.30-5pm

A safe place for teens
year 6+ to hang out,
have fun, chat, read,
learn, laugh, do
activities, dance, chill,
do crafts and more.

Supervised by Deb Farmer
(Social Worker and
Youth Worker)

For any queries and for
further info, call 9848 2842

The Garden Room,
Denmark Community
Resource Centre,
2 Strickland Street

♥ ♡ ♡

FOR INFO AT THE
THE HANGOUT
WEDNESDAYS 3.30-5PM

Government of Western Australia
Department of Communities

WISE UP RISE UP

against elder abuse

13th June 2024 @ Denmark
Community Resource Centre

11am onwards

Irene Montefiore
11am-12pm

- Advance care planning
- Establishing our preferences for lifestyle and healthcare as we age.

Advocare
Empowering older people in WA

Chat with Christine from AdvoCare over lunch

- Your aged care rights
- Understanding the aged care system and how to access them
- Protecting yourself with forward planning

Denmark Community Resource Centre

RSVP by 7th of June to 9848 2842

Free Lunch Provided

artwork by Alexis Steyn

DENMARK FESTIVAL OF VOICE

31 MAY - 2 JUNE 2024

TICKETS // PROGRAMME
www.denmarkarts.com.au

proudly supported by

DENMARK ARTS

lotterywest

OUTSIDE OF DENMARK

BRAVE NEW WINE

Send us your events in a PNG or JPEG format to events@denmarkcrc.com.au

KARLAK-ABINY

ARTSHOUSE

CIVIC CENTRE

TICKETS

31 MAY - 2 JUNE 2024

2 Strickland Street

FESTIVAL OF VOICE OPENING CEREMONY 5PM

5pm
DFOV Opening Ceremony
with Auntie Averil, Uncle
Lindsay Dean and
Moorditch Nop Dancers

OPENING CEREMONY ENDS 6PM

6pm
Live music at Artshouse from
6pm

OPEN CEREMONY ENDS 6PM

2A Strickland Street

ALL WEEKEND

Open Access Showcase Exhibit
Noongar Exhibition
Story Animals Yarn (venue TBD)
Six Seasons Podcast
(QR code on website)

ARTSHOUSE OPENS 6:00PM

6:15pm Treebeard MC
solo, hip-hop, Denmark WA
7pm Stephen Taberner
solo, folk, Sydney/NZ
8pm Charli & Adam
duo, Denmark WA
9pm Baden Street Singers
choir, Perth WA
10pm Los Car Keys
band, Denmark WA
DOORS CLOSE 11PM

Strickland Street

EVENING SESSION OPENS 3PM

3:30pm Kwoorabup Nature School
Ensemble & Choir
Golden Hill Steiner School
more schools TBA

EVENING SESSION CLOSES 4:50PM

4:50pm Follow Denmark Ukulele
Rabble Procession to
Karlak-Abiny
(corner Old Mill Rd & Horsley Rd)

3 - DAY PASS

Standard \$ 130

Denmark Arts Members \$ 110 & Concession

Under 18 \$ 100

*Collect all tickets from Denmark Arts

DOOR SALES *

Karlak-Abiny (CRC Lawn)
FREE
Green Pantry stage
FREE
Arthouse Youth stage
\$ 10
Saturday evening
- Civic Centre
\$ 30
Saturday evening
- St Leonards
\$ 30
All other day
& evening sessions
\$ 20
Under 12's
FREE

* door sales available on the day of session only, subject to capacity



Scan to
see full
program
&
purchase
tickets
>>>>>

THE SANCTUARY

GREEN PANTRY

ST LEONARDS

SATURDAY 1 JUNE

KALARK-ABINY OPENS 10AM

10:30-11:30am
Friends of Nowanup
circle yarn
with Friends of Nowanup
& Auntie Eliza Eades

11:30am-12:30pm
Introduction to the Story
Animals Project
by Verity Roennfeldt &
Auntie Eliza Eades

Co-designed by Aboriginal and non-Aboriginal Department of Communities staff, Story Animals are fabric, Australian, animals handmade by community groups from across WA.
supported by Department of Communities, WA

DOORS CLOSE 3PM

YOUTH STAGE OPENS 12PM

12:30pm The Kitchen Sinks
& Powermill
Contemporary ensembles ft.
Denmark SHS students

1:30pm Sienna Rali
solo, Denmark WA

2:30pm Denmark TAPE band
Workshop for 11-17 year olds

3:30pm The Primordial Notes
folk-pop-gypsy 2-piece, Denmark

4:45pm Sandon Phillips band
band, Denmark WA

5:30-6:30pm Open mic stage
(for under 25's)

7:40pm Ethan Gamble
Explicit content- Queer as

DOORS CLOSE 8PM

SUNDAY 2 JUNE

KALARK-ABINY OPENS 10AM

10am-12pm Cultural coop
Hosted by Nowanup Yorga
Rangers with Auntie Eliza Eades
Demonstration of cooking of
damper & kangaroo stew on the fire

12pm-12:15pm Food around the fire
by donation, Kangaroo stew,
vegetable stew & damper cooked
by Denmark Soupy
bring your own bowl!

1:10-2:30pm Boordiya Maaman Yarning
(Elder men panel)

5pm THE BIG SING
led by Stephen Taberner

FESTIVAL OF VOICE CLOSING CEREMONY 6-6:30PM

WORKSHOPS & STORYTELLING

10-11:30am Writing Hope-ward
with Renee Pettitt-Schipp
explore how writing can help
keep us in touch with the joy of
living on this wonderful planet
we call home, by writing into
the confronting times we are
living in.

10am-3pm Treebeard Hip-Hop Workshop
songwriting, storytelling &
recording workshop
*runs all day- just drop in!

1:30pm Sing with Freedom
with Rusty Lynch
workshop focusing on singing
technique & performance skills

DOORS CLOSE 3:30PM

DENMARK FESTIVAL OF VOICE PROUDLY SUPPORTED BY:



Strickland Street

TAFE STAGE OPENS 10AM

10-10:45am Performers from
Denmark TAPE
more details TBA

11am Playlist Choir
choir, Albany WA

12pm David Rawet
solo, singer & instrumentalist,
Roelands WA

1:10-12:50pm Performers from
Denmark TAPE
more details TBA

1:35-2pm Performers from
Denmark TAPE
more details TBA

974 South Coast Hwy

STORYTELLING & GOOD VIBES

SESSION OPENS 11:00AM
Storytelling with Treebeard
suited to ages 4-10 - parents

11:30-12:30pm Workshop
with Stephen Taberner
Conducting/choir training
Sydney/NZ

1pm Spoken Circle
with Zoe Brannon & Fiona
Hook

3-5pm Tales, Thrice Threaded
Traditional stories from our
ancestral roots.
Presented by Great Southern
Storytellers, Denmark WA

DOORS CLOSE 5PM

KWOORABUP RIVER

12pm Understory - Workshop
facilitated by Wren Thomas &
Ashley Schipp

THE SANCTUARY

SESSION OPENS 1PM
Workshop
with Stephen Taberner
Conducting/choir training
Sydney/NZ

11:30-12:30pm RnB Soultrain - Soulful Strides:
Harmony for Healing
2-piece, Albany WA

1:45pm Tales, Thrice Threaded
Traditional stories from our
ancestral roots.
Presented by Great Southern
Storytellers, Denmark WA

DOORS CLOSE 5PM

TAFE STAGE OPENS 10AM

10-10:15am Nikki
Denmark TAPE
more details TBA

11am Rosie Williamson
solo, Denmark WA

12:25-12:40pm Nikki
Denmark TAPE
more details TBA

1:30pm Tenor Alto
solo, country, pop, Albany WA

THE 21ST FESTIVAL OF VOICE
IS PRESENTED BY



TICKETS <https://www.tickettailor.com/events/denmarkfestivalofvoice2024/1247152> or Denmark ArtsHouse - 2A Strickland Street

LICENSED- BAR OPEN

*All times are approximate *

Local Events

Legal Info Session:
Family Violence and the law

Monday 20th May 2024
10am – 12pm
@ Denmark Community Resource Centre

 Come for a cuppa and
a yarn in a safe space

 **SOUTHERN
ABORIGINAL
CORPORATION**

LAW + YARN
FREE LEGAL EDUCATION
ALL WELCOME!

— ♦ — 

RSVP or for more info call 9842 7777

The Family Violence Prevention Legal Service is a specialist service for Aboriginal and Torres Strait Islander people affected by family violence and issues of Aboriginal and Torres Strait Islander children. All community are welcome to attend community legal education sessions.



Australia's
Biggest
Morning
Tea

MORNING TEA PLATTERS

This year, the 2024 Australia's Biggest Morning Tea is being hosted by the Denmark Crafty Quilters, Denmark Riverside Club and the Denmark Country Club.

The Morning Tea is being held at the

Denmark Riverside Club

Wednesday May 22nd, 2024

10am to 12 noon


For those people unable to attend we are offering a delivery service of Morning Tea Platters.

Cost of Platters is \$10 per person for which you will get:

- 3 x pieces of food consisting of cakes, sandwiches etc
- Also 2 x tickets in the Money Board

ALL PROCEEDS TO THE CANCER COUNCIL




CWA DENMARK

**NANNA'S
NEXT DOOR**
INTERGENERATIONAL PLAYGROUP

Welcoming seniors and toddlers 0 - 4

Second Wednesday of the month

10 am - 12 pm at the CWA hall, 9 Mitchell St

Gold coin entry

COMMUNITY MEETING

Are you an older Denmarkian?
Have your say and help set the priorities for
a thriving seniors community action plan.

Denmark Civic Centre May 22nd
10am to 11.30am

 Book your free ticket <https://events.humanitix.com/thriving-seniors/tickets>

www.denmarkfutures.org.au/news



Send us your events in a PNG or JPEG format to events@denmarkcrc.com.au

Local Events

LESSON + SOCIAL DANCING

RSL Memorial Hall

7-8pm: *Swing Lesson*

8-9pm: *Social Dancing*

Cost: \$10

DENMARK

Swing Dancing

EVERY TUESDAY NIGHT



Andrew Kowald - 0417 930 497



G-TRAIN SWING

SATURDAY 25TH MAY 2024

DENMARK COUNTRY CLUB

G-TRAIN SWING JAZZ BAND
7PM - LATE

WREN BETHAN | VOCALS
DAVE RASTRICK | BRASS
ROSCO DWYER | GUITAR
OLLY WATKINS | DRUMS
GRANT MOULDEN | DOUBLE BASS

SWING DANCE LESSON 6.30PM
WITH ANDREW + FRIENDS

Doors open 6pm | All ages | Tickets \$25
\$20 Concession (seniors, students and club
members) | Under 18's FREE | Door Sales
Bar | Platters available (pre-order via
Club)
Enquiries: wrenbethan@gmail.com

TICKETS \$20/\$25 HUMANITIX



Composting & Worm Farm FOGO Workshops!

FREE EVENTS 2024

Presented by Great Southern
Living Soil

DATES:

Sunday 24 March
Sunday 19 May
Sunday 16 June

TIME: 3-4:30pm

VENUE:

WA College of Agriculture -
Denmark
Lecture Theatre
872 South Coast Hwy,
Denmark

Afternoon tea provided, please
wear enclosed shoes.

FEED YOUR SOIL not your plants!

As part of the **Shire of Denmark's**
community-oriented **Sustainability
Environmental Education
Program**, this Composting
workshop will teach you how to turn
your kitchen scraps and yard
trimmings into a nutrient rich soil
amendment teaming with essential
microbes. You will also learn how to
set up a worm farm and give you
strategies for maintaining a healthy
aerobic worm farm.



Places are limited. Register to attend with
Shire of Denmark on (08) 9848 0300 or
enquiries@denmark.wa.gov.au



YOU ARE INVITED

VOLUNTEER APPRECIATION SUNDOWNER

Denmark Recreation Centre

Brazier Street, Denmark

5-8PM, 18 May 2024

National Volunteer Week 2024: 'Something for Everyone'

Join us and recognise the diverse passions and talents
everyone brings to the act of volunteering in Denmark.

Citizens of the Year and Sportspersons of the
Year Awards will be announced on the night.

Nibbles and drinks provided.

RSVP by Friday 10 May 2024

Scan the QR code

Or contact Community Development Officer Rosie Arnephie
T: 9848 0333 | E: Rosemarie.Arnephie@denmark.wa.gov.au



Send us your events in a PNG or JPEG format to events@denmarkcrc.com.au

Local Events

HAVE OUR NIGHTS LOST THEIR WOOF?

A PLEA FOR RECORDS OF SURVIVING BARKING OWLS IN SOUTH-WEST WA

HAVE YOU SEEN OR HEARD A BARKING OWL IN THE SOUTH WEST?

THERE IS A POSSIBILITY THAT THE SOUTHERN BARKING OWL IS NOW EXTINCT IN WESTERN AUSTRALIA.



	SOUTHERN BARKING OWL	AUSTRALIAN BOOBOOK
Size	35-45cm	25-35cm
Eyes	Bright yellow	Grey-green
Chest colour	Dark brown streaks on cream	White streaks on dark
Rarity	Rare	Common
Habitat	Waterside vegetation, semi-arid woodland	Most woodlands in south west
Call	'Woof woof' or 'whoop whoop', gruff and deep	'boobook' or 'morepork', high pitched

FIND OUT MORE AND LISTEN TO A RECORDING OF CALLS →



HOW TO SUBMIT A RECORD

Please email robert.davis@ecu.edu.au or submit your record when using eBird or Birda.
Photos, phone video of vision and/or calls, or detailed descriptions are required to distinguish reports from Boobooks.
Verifiable historic records would also be most welcomed.

WHAT WE KNOW

So little is known about the south-west Barking Owl that there are no museum specimens since the 1960s. New records are needed to be able to undertake a genetic comparison with the eastern Australian counterparts to see whether we have a distinct sub-species.

CONSERVATION STATUS

This species is extremely rare but is not currently listed as threatened as it is lumped in with the Southern Barking Owl sub-species across southern Australia. Further material would likely prove it is an endemic sub-species in which case it would likely qualify for 'critically endangered'.

DIET

The diet of the south-west Australian population is unknown but is likely to include insects and small mammals.

FURTHER INFORMATION

Scan the QR Code for a free comprehensive review of the status of south-west Barking Owls.



The project to locate the south-west WA Southern Barking Owl is coordinated by Dr Robert Davis, Senior Lecturer in Vertebrate Biology at Edith Cowan University



OWL FRIENDLY MARGARET RIVER REGION



CAPES
FOUNDATION



GIVEBACK GETDOWN

Join us for a night of live music, delicious food and community spirit at our FarmRaiser Party! Come together to support our farmers—let's make a difference together



LIVE MUSIC · INCREDIBLE FOOD ·
DOOR PRIZES · RAFFLE AUCTIONS
WACKY HAT COMPETITION · KIDS
ACTIVITIES · BYO

BOOK ONLINE OR VISIT
THE WALPOLE CRC
FOR ASSISTED
BOOKING

WALPOLE RECREATION
CENTER
25TH MAY
FROM 4PM



Free online presentation



Be Connected
Every Australian online.

Protect yourself against scams

Want to learn how to protect yourself against scams? Join a free live streamed presentation for older Australians, hosted by the eSafety Commissioner.



Scammers try to trick people into giving away money, personal information or other items of value.

With the world becoming more connected through the internet, online scams have increased. It therefore pays to be cautious and know how to spot a scam.

Join our presentation to learn:

- how to protect your personal information from scammers
- how to safely make friends online
- how to spot investment scams
- where to go for help

When: Tuesday, 21/05/2024

Time: 1 - 2 pm Bookings essential

Where: Denmark CRC
2 Strickland St, Ph 9848 2842



eSafety Commissioner

This program has been developed by eSafety as part of the Be Connected initiative.

beconnected.esafety.gov.au/bookings

Free online presentation



Be Connected
Every Australian online.

Smart home technology

Want to find out about smart home technology and how it works? Join a free live streamed presentation for older Australians, hosted by the eSafety Commissioner.



We will explain what smart home technology is, how it works and what you need to set one up, and how to protect your privacy and safety while enjoying all the convenience this technology brings.

Join our presentation to learn:

- the benefits of smart home technology
- what you need to set up a smart home
- how a voice assistant works
- how to protect your information and keep yourself safe.

When: Thursday, 23/05/2024

Time: 1 - 2 pm Bookings essential

Where: Denmark CRC
2 Strickland St, Ph 9848 2842



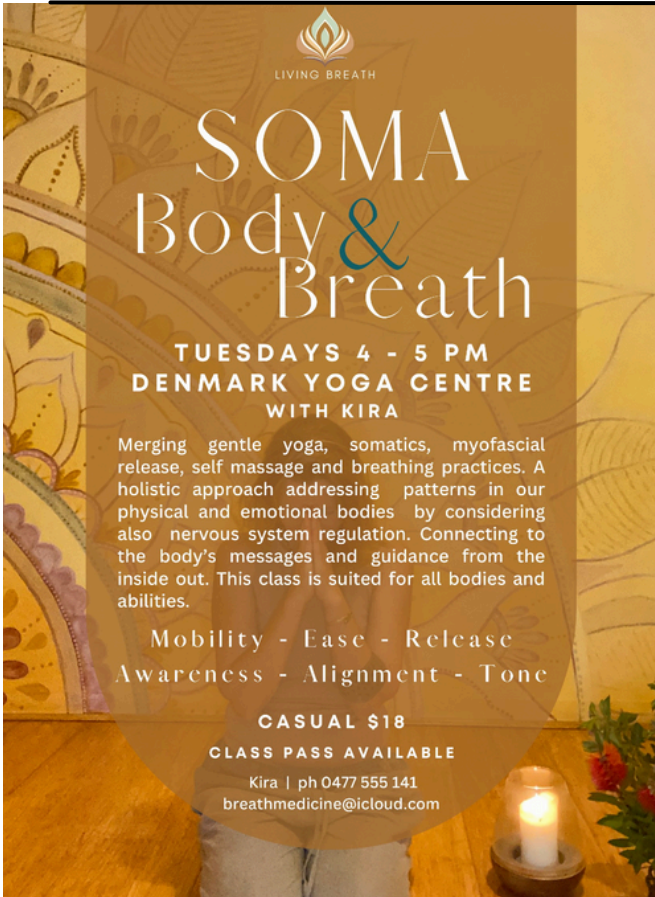
eSafety Commissioner

This program has been developed by eSafety as part of the Be Connected initiative.

beconnected.esafety.gov.au/bookings

Send us your events in a PNG or JPEG format to events@denmarkcrc.com.au

Local Events



LIVING BREATH

SOMA Body & Breath

TUESDAYS 4 - 5 PM
DENMARK YOGA CENTRE
WITH KIRA

Merging gentle yoga, somatics, myofascial release, self massage and breathing practices. A holistic approach addressing patterns in our physical and emotional bodies by considering also nervous system regulation. Connecting to the body's messages and guidance from the inside out. This class is suited for all bodies and abilities.

Mobility - Ease - Release
Awareness - Alignment - Tone

CASUAL \$18
CLASS PASS AVAILABLE

Kira | ph 0477 555 141
breathmedicine@icloud.com

DENMARK WOMEN IN BUSINESS



Networking | Support | Connection

DENMARK WOMEN IN BUSINESS

Are you a woman in business residing in and/or servicing the Denmark area, looking to make quality and authentic connections with likeminded women? Then join us for our next networking and co-working session. Hurry, spaces are limited!

CO-WORKING SESSION

 **MONDAY 13TH MAY**
 **9:00 - 12:00 NOON**
 **DENMARK ART CLUB, SHORT ST**

NETWORKING EVENT

 **MONDAY 27TH MAY**
 **9:00 - 11:00AM**
 **DENMARK ART HOUSE**

TICKETS VIA OUR FACEBOOK PAGE

 @Denmark Women In Business




Advocare
Empowering older people in WA

You're covered in the Great Southern!

- Need help with understanding your rights as an older person?
- Need guidance with the aged care system?
- Are you, or someone you know experiencing elder abuse?

Local Advocate, Christine will be visiting to provide support and information at this location:



Denmark Community Resource Centre
Date: 2nd Thursday of each month 10:00am-1:00pm
Home visits welcome

Walk-ins & appointments welcome. Call 1800 655 566

INDOOR MARKETS

AT THE Bric-a-brac
DENMARK Dog Treats
SCOUT HALL Plants
McLEAN PARK Craft
BRAZIER STREET
3RD SATURDAY OF THE MONTH
8am - 12 noon
FREE ENTRY Coffee
Tea
Face Masks
Wooden Toys
Jam's etc.

Send us your events in a PNG or JPEG format to events@denmarkcrc.com.au

VOICES OF IN-SIGHT

Lend your voice to suicide prevention

Everyone has a story...



Everyone has a story.

Many people within our communities have a lived experience of suicide, be that through having experienced suicidal thoughts; survived a suicide attempt; cared for someone through suicidal crisis; or being bereaved through suicide.

Your voice, insight and wisdom is critically important to guide suicide prevention activity in your local region and will help enrich the work by the Australian Department of Health.

An opportunity now exists for you to participate in a lived experience designed and delivered speakers training and capacity building workshop facilitated by Roses in the Ocean.

Engaging people with a lived experience of suicide to help guide and inform suicide prevention activity is a major priority. Roses in the Ocean provides training and support for people with a lived experience of suicide who would like to be involved.

'Voices of In-Sight' speakers training is a unique opportunity to reflect on your lived experience and learn how to share your personal story for greatest impact and influence. We will work alongside you to help you discover the components of your lived experience of suicide that can help others and present your insights in a meaningful way.

For more information about the Voices of In-Sight Lived Experience Workshop, view the **Workshop Outline**. When considering this opportunity, please read 'My readiness to be involved in suicide prevention' to support you to make an informed decision.



Workshop details:

Date	Friday 14 & Saturday 15 June 2024
Time	8:30am - 4:30pm WA AWST
Location	Albany, WA



How do I register?

To register to attend, click on the QR Code, or scan it with your smart device camera. A Roses in the Ocean team member will be in touch with further information. If you require assistance or have any questions, please call us on 1300 411 461.

This workshop is facilitated by Roses in the Ocean and is supported by Australian Department of Health for the Access and Equity Project.



Australian Government
Department of Health and Aged Care

📞 1300 411 461
✉ enquiries@rosesintheocean.com.au
🌐 www.rosesintheocean.com.au



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Local Events



Youth Mental Health First Aid

The Youth Mental Health First Aid course teaches participants how to provide initial support to a young person (aged 12–18) who may be experiencing a mental health problem or mental health crisis, until professional help is received, or the crisis resolves.

Course participants learn about the signs and symptoms of common mental health problems in adolescents, how to recognise and respond to an emerging or worsening mental health problem, and the treatments and supports available.



Intervene early
Recognise the warning signs of mental health problems in young people.



Offer support
Learn the skills to speak openly and accurately about mental health.



Learning Outcomes

Upon completion of this course participants will be able to:

- Recognise the signs and symptoms of mental health problems in young people
- Use an evidence-based action plan to initiate a mental health first aid conversation
- Assess for a range of crisis situations and provide initial support
- Understand the prevalence and impact of mental illnesses, risk factors and treatments and supports available
- Apply self-care practices as a Mental Health First Aider.

Respond in a crisis
Respond across a range of crisis situations where a young person may be at risk of harm.



Reduce stigma
Reduce stigma and increase support for young people experiencing and living with mental health problems.

Adults who complete a MHFA course become Mental Health First Aiders (MHFAiders), equipped with the knowledge, confidence, and skills to provide mental health information and support when it matters most.

The Youth Mental Health First Aid course is based on guidelines that are informed by people with lived experience, their caregivers and health professionals.

Dates Fridays 7 and 14th June 2024

Times 9.15 - 4.00pm

Cost \$0.00

Facilitator/s Sheryl Moncur

Venue / Delivery Method Great Southern Southern sheryl.moncur@gsg.wa.edu.au

*Costs include course participation and all relevant teaching materials.

To learn more about MHFA training and becoming an MHFAider visit mhfa.com.au

Anyone can have a conversation that may save a life. Everyone should know how.

Mental Health First Aid (MHFA), Mental Health First Aid (MHFA) Aiders, and For Anyone For Everyone are registered trademarks of Mental Health First Aid International.





DENMARK EMBROIDERY GROUP

Sub-group of the The Embroiderers' Guild of Western Australia Inc.

When
Meet 1st and 3rd Tuesday of the month 10:00am till 2:00pm

Where
Community Resource Centre (CRC)
2 Strickland Street, Denmark

What we do
All types of embroidery stitch techniques embraced. Come and join us. Experienced and non-experienced welcome. Learn something new, try something new. Tutors / teachers on hand to assist.

Contact
Linley Radalj 0407 944 063 or
Louise Hoskins 0419 916 131



DENMARK EMBROIDERY GROUP


Member of
The Embroiderers' Guild of Western Australia Inc.

We are a very friendly group of approximately 20 members who meet the 1st and 3rd Tuesdays of the month at the Community Resource Centre, in the centre of Denmark township.

We have an annual program that is flexible to meet the demands of the members. Usually, a focus on a particular type of embroidery is encouraged by way of workshops on a regular basis. Occasionally a Tutor from Perth visits us to hold workshops.

We hold Stitches by the Sea every third year at a local venue - and invite the two Albany Groups to join us.

We have a small library that is growing all the time.





52877WA

Certificate I in New Opportunities for Women (NOW) at Denmark Campus



Looking to re-enter the workforce or change career direction?

This qualification is designed to empower women to develop their own pathways in life. Build the social, personal and employability skills to support your transition into work, further education and community participation, or starting your own business.

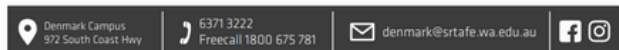
Outcomes include the development of communication and problem solving skills, digital and financial literacy, preparation for effective participation in a community or work environment, and the confidence to successfully move into other training courses at TAFE.

NOW is open to women of all ages and backgrounds and is delivered on Monday and Tuesday at the Denmark Campus.



FEE FREE in 2024! The course fees are 100% subsidised by the WA State Government for WA residents. Resource fees and eligibility criteria may apply.

You are welcome to drop into the Campus for more information or to enrol



DTN 676 6790

enquiries@denmark.wa.edu.au

Send us your events in a PNG or JPEG format to events@denmarkcrc.com.au

Local Events

Linking TOGETHER



Carer Social Support Groups

Denmark

Taking a regular break and having a supportive social network improves wellbeing, is an opportunity to rest and recharge, and helps unpaid family carers to be in the best position to sustain their caring role.

Linking Together Social Support groups allow members to catch up and meet other carers in their local community. Coordinated by experienced volunteers, groups run monthly throughout the metro area and some regional areas.

Attendance is free and eligible to all carers, however carers are required to be registered with Carers WA.



When: 2nd Tuesday of each month | 10.00am - 11.30am

Where: Reminisc Cafe at the Denmark Rivermouth Caravan Park

For more information, visit www.carerswa.asn.au/social-support or contact the Carers WA Social Support team on 1300 227 377 or email socialsupport@carerswa.asn.au.

www.carerswa.asn.au

Grief & Loss GROUP

Guiding you through the complexities of grief with compassion and understanding.

A safe space to explore the journey through grief and loss, in the company of those who have walked a similar path.

when: Every Thursday from
9th May to 11th July 2024

time: 10.00 – 11.30 am

where: CWA Hall
Serpentine Road, Albany

To register your interest:
Amity Health
9842 2797



This service has been made possible through funding provided by the Australian Government Department of Health and Aged Care under the

Are you a farmer who could use some help?

Rural Aid is committed to providing support to farmers and rural communities.

Whether you're coping with or recovering from a serious event, or preparing for future challenges... we're here and ready to help.

REGISTER NOW
for **Farmer Assistance & Support**



ruralaid.org.au
1300 327 624



STAT Special Tertiary Admissions Test



Do you want to go to university, but you're not qualified?

If you'll be at least 20 years of age before 1 March 2025 then sitting the STAT may get you there.

STAT is a national aptitude test you can use for entry to tertiary study at these Western Australian universities:

Curtin University
Edith Cowan University
Murdoch University
The University of Notre Dame Australia
The University of Western Australia

For more information or to download a STAT booking form, visit our website at www.tisc.edu.au or visit us in person at:

Tertiary Institutions Service Centre (TISC)
Level 1, 100 Royal Street
East Perth WA 6004

Telephone: (08) 9318 8000
Office Hours: 9.00am – 4.30pm (Mon to Fri)



Send us your events in a PNG or JPEG format to events@denmarkcrc.com.au



Get Ready For
**WOW
DAY**

WEAR ORANGE WEDNESDAY
FOR SES VOLUNTEERS

22 May 2024



Send us your events in a PNG or JPEG format to events@denmarkcrc.com.au

Denmark Kwoorabup Community Garden Workshops



January to July 2024



Green Skills

- 3-5pm Sat 27 Jan - with Neal Collins
- 3-5pm Sat 17 Feb - Garden Outing Tour
- 3-5pm Sat 16 March- with Neal Collins
- 2-4pm Sat 20 April- Garden Outing Tour
- 2-4pm Sat 11 May- with Neal Collins
- 2-4pm Sat 25 May Garden Outing Tour
- 2-4pm Sat 22 June with Neal Collins
- 2-4pm Sat 13 July Garden Outing Tour

Busy bees from 2pm on other Saturdays, weather dependent.

Meet at the back of the
Denmark CRC, on Strickland Street.
(Please park at the front)



By Donation (Recommended \$10)

For Info contact : Basil 0429481019
basilschur@gmail.com or Don Hunt 0427446657

The Denmark Community Garden is supported by the Department of Communities, Green Skills, Denmark CRC Denmark Community Foundation, the Shire of Denmark's Sustainability Education program, Mt Lindesay and Jenkins family farms.

